



Internal Medicine Residency Program Primary Care Track

In addition to the Cleveland Clinic's three-year Internal Medicine Categorical Residency Training Program, we also offer a three-year Primary Care Track Program.

The Primary Care Track is a tailored program designed for residents who wish to prepare themselves for the practice of General Internal Medicine in both the out and inpatient settings.

Residents in the Primary Care Track participate in a dedicated longitudinal care practice with supervision from the General Internal Medicine staff. Residents spend one-half day per week in the Longitudinal Continuity Clinic the first year, and during supervisory months in the second and third year. Additionally, each year Primary Care Track residents participate in the three month primary care block, which allows extended periods of time in their longitudinal care clinic, seminars on topics and procedures relevant to primary care, and experience in appropriate subspecialty clinics. There is no call during the primary care blocks. Many primary care residents go on to subspecialize (see below, hematology oncology, nephrology, GI etc) but are better prepared for the ambulatory focus of their practice.

Primary Care Track residents still receive concentrated exposure to traditional rotations in subspecialty clinics and general medicine. The curriculum includes more outpatient rotations than the categorical track and includes exposure to office-based dermatology, otolaryngology, women's health, orthopedics, geriatrics, and preventive care, among many others. Experiences in urban medical community clinics, such as The Free Clinic, City Mission and adolescent medicine complement the inpatient curriculum prepare residents to care for a broad spectrum of patients. The residents can design a program that meets their long term goals. Residents are encouraged to apply through ERAS to both the Primary Care Track and Categorical Residency Programs.

If you are interested in the Primary Care Track Program and would like more information, please contact **Yvonne Braver, M.D., Program Director** at (216) 445-1402 or via e-mail: bravery@ccf.org.

Please visit our website for more information:

http://www.clevelandclinic.org/im/res/structure_primarytrack.htm

Primary Care Track Post Graduate Plans

2007
Primary Care Physician/Associate Staff, Family Health Center, Cleveland Clinic, Ohio
Fellowship, Cleveland Clinic, Ohio
2006
Fellowship, Wake Forest University, North Carolina
Subspecialty Residency, Cleveland Clinic, Ohio
Primary Care Physician/Associate Staff, Cleveland Clinic, Ohio
2005
Fellowship, Cleveland Clinic, Ohio
Fellowship, Cleveland Clinic, Ohio
Fellowship, Cleveland Clinic, Ohio
2004
Internal Medicine, Private Practice, Southwest US region
Internal Medicine, Private Practice, Norway
Chief Medicine Resident, Cleveland Clinic
Primary Care Physician/Associate Staff, Family Health Center, Cleveland Clinic, Ohio
Hospitalist, Southwest General, Ohio
2003
Fellowship, Cleveland Clinic, Ohio
Internal Medicine Practice, Public Free Health Center, Ohio
Primary Care Physician/Associate Staff, Family Health Center, Cleveland Clinic, Ohio
Primary Care Physician/Associate Staff, Family Health Center, Cleveland Clinic, Ohio
Fellowship, Duke University, North Carolina
2002
Internal Medicine Private Practice, Tennessee
Chief Medicine Resident, Fellowship, Cleveland Clinic, Ohio
Internal Medicine Private Practice, Ohio
Fellowship, Cleveland Clinic, Ohio
Primary Care Physician/Associate Staff, Family Health Center, Cleveland Clinic, Ohio
Gastroenterology Fellowship, University of Vermont
Fellowship, Toledo Hospital, Ohio
2001
Internal Medicine Staff, Henry Ford Hospital, Detroit, MI
Internal Medicine Private Practice, Ohio
Fellowship, Mayo Clinic, Florida
Internal Medicine Private Practice, Ohio

Primary Care Track Blocks Seminar Topics (Modules 5, 8, 9, and 10) - 2006-2007

Common Conditions in Primary Care Practice

- Preventive Medicine— Cancer screening, immunizations, lipids, counseling, etc.
- Musculoskeletal Conditions—Sprains and strains
- Joint Injections using high-tech simulators
- Men's Health—prostatitis, erectile dysfunction, etc.
- Women's Health—benign breast disease, dysfunctional uterine bleeding, contraception, etc.
- Otolaryngology for the Internist
- Overview of Voiding Dysfunction in Women
- Osteoporosis
- Alternative Medicine
- Domestic Violence
- Lesbian, Gay, Bisexual, and Transgender Health Care
- Psychiatric Disorders in Primary Care Practice
- Issues in Palliative Medicine
- Substance Use Disorders in Primary Care Practice

Topics Related to the Practice of Medicine

- Introduction to Evidence-Based Medicine
- Weekly Morning Report—Case Presentation, formulation of clinical questions, analysis of a journal article related to previous week's case
- Managed Care Practice
- Life during Residency
- Life after Residency—how to find jobs, what to look for, different practice types, etc.
- Cultural Competence
- Communication Skills
- Biomedical Writing Course

**Primary Care Track
Modules 8, 9 and 10 Electives - 2006-2007**

1. Preventive Cardiology
2. Headache Clinic
3. Rheumatology
4. Adolescent Medicine
5. Women's Health
6. Men's Health
7. Extra E-13 (1 mandatory clinic, but you may add other clinic days)
8. Dermatology
9. Dizziness Clinic
10. Cardiac Stress Testing
11. Physical Therapy
12. Asthma or/and Allergy Clinic
13. Preoperative Medicine
14. Psychology or Psychiatry
15. Orthopedics or Sports Medicine
16. Pain Clinic
17. Bone Clinic (Dr. Chad Deal)
18. Outpatient Surgery
19. Dermatology Surgery Clinic
20. Breast Clinic
21. OBG/YN
22. Regional Medical Practice
23. Suggest your own elective "EARLY"
24. Occupational Medicine
25. Lipid Clinic
26. Urogynecology
27. Sleep Clinic

Module 5 Rotation – October 23, 2006 through November 17, 2006 (Example Schedule from 2006-2007)

Week 1 (10/23/2006 - 10/27/2006)					
Date	10/23/2006	10/24/2006	10/25/2006	10/26/2006	10/27/2006
	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Lectures	Extra E-13 Clinic	Orthopaedics/ Euclid Hospital	Grd Rnds-7:30 -8:30am -Bunts	Lectures
	Noon Conference	Noon Conference	Noon Conference	Noon Conference	Noon Conference
PM	LCC Clinic	Dermatology Beachwood	Dermatology Beachwood	Free Clinic	Research

Week 2 (10/30/2006 - 11/03/2006)					
Date	10/30/2006	10/31/2006	11/1/2006	11/2/2006	11/3/2006
	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Lectures	Extra E-13	7:30-8:30 am Grand Rnds NA1-140	Grd Rnds-7:30 -8:30am -Bunts	Lectures
			Orthopaedics/ Euclid Hospital		
	Noon Conference	Noon Conference	Noon Conference	Noon Conference	Noon Conference
PM	LCC Clinic	Dermatology Beachwood	Dermatology Beachwood	Free Clinic	Research

Week 3 (11/6/2006 - 11/10/2006)					
Date	11/6/2006	11/7/2006	11/8/2006	11/9/2006	11/10/2006
	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Lectures	Extra E-13	7:30-8:30 am Grand Rnds NA1-140	Grd Rnds-7:30 -8:30am -Bunts	Lectures
			Orthopaedics/ Euclid Hospital		
	Noon Conference	Noon Conference	Noon Conference	Noon Conference	Noon Conference
PM	LCC Clinic	Dermatology Beachwood	Dermatology Beachwood	Free Clinic	Research

Week 4 (11/13/2006 - 11/17/2006)					
Date	11/13/2006	11/14/2006	11/15/2006	11/16/2006	11/17/2006
Date	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Lectures	Extra E-13	7:30-8:30 am Grand Rnds NA1-140	Grd Rnds-7:30 -8:30am -Bunts	Lectures
			Orthopaedics/ Euclid Hospital		
	Noon Conference	Noon Conference	Noon Conference	Noon Conference	Noon Conference
PM	LCC Clinic	Dermatology Beachwood	Dermatology Beachwood	Free Clinic	Research

Module 8 – January 9, 2006 through February 5, 2006 (Example schedule from 2005-2006)

Week 1 (01/09/2006 - 01/15/2006)					
Date	1/9/2006	1/10/2006	1/11/2006	1/12/2006	1/13/2006
	Monday	Tuesday	Wednesday	Thursday	Friday
AM	8-9AM Orientation Dr. Sikon A 10	E-13	7:30-8:30 am Grand Rnds NA1-140	Grd Rnds-7:30 -8:30am -Bunts Adolescent Medicine	Seminars
			Mens Health		
	Noon Conference	Noon Conference	Noon Conference	Noon Conference	Noon Conference
PM	Dr. Sikon A 10	Longitudinal Clinic	Free Clinic	Research	Psych

Week 2 (01/16/2006 - 01/22/2006)					
Date	1/16/2006	1/17/2006	1/18/2006	1/19/2006	1/20/2006
	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Dr. Sikon A 10	E-13	7:30-8:30 am Grand Rnds NA1-140	Grd Rnds-7:30 -8:30am -Bunts Adolescent Medicine	Seminars
			Mens Health		
	Noon Conference	Noon Conference	Noon Conference	Noon Conference	Noon Conference
PM	Dr. Sikon A 10	Longitudinal Clinic	Free Clinic	Research	Psych

Week 3 (01/23/2006 - 01/29/2006)					
Date	1/23/2006	1/24/2006	1/25/2006	1/26/2006	1/27/2006
	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Dr. Sikon A 10	E-13	7:30-8:30 am Grand Rnds NA1-140	Grd Rnds-7:30 -8:30am -Bunts Adolescent Medicine	Seminars
			Mens Health		
	Noon Conference	Noon Conference	Noon Conference	Noon Conference	Noon Conference
PM	Dr. Sikon A 10	Longitudinal Clinic	Free Clinic	Research	Psych

Week 4 (01/30/2006 - 02/05/2006)					
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Date	1/30/2006	1/31/2006	2/1/2006	2/2/2006	2/3/2006
	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Dr. Sikon A 10	E-13	7:30-8:30 am Grand Rnds NA1-140	Grd Rnds-7:30 -8:30am -Bunts	Seminars
			Mens Health	Adolescent Medicine	
	Noon Conference	Noon Conference	Noon Conference	Noon Conference	Noon Conference
PM	Dr. Sikon A 10	Longitudinal Clinic	Free Clinic	Research	Psych

