

Cleveland in a Nutshell



Cleveland Clinic House Staff Spouse Association

The House Staff Spouse Association (**HSSA**) would like to welcome all new Cleveland Clinic residents, fellows and their families to Cleveland. We can help make this move and new phase of your life a little easier. Cleveland in a Nutshell is a resource we hope you will find useful! The information in this booklet is a compilation of information gathered by past and current Cleveland Clinic spouses. It will help you during your relocation to Cleveland and once you're settled in your new home.

After you arrive in Cleveland, the HSSA is a great way to meet new friends and take part in fun events. Our volunteer group is subsidized by the Cleveland Clinic and organizes affordable social functions for residents, fellows, and their families. From discount sporting event tickets to play dates, we are a social and support network. Membership is free and there are no commitments, except to have fun!

Look for our monthly meetings and events in our monthly HSSA newsletter – **The Stethoscoop**-- which will be mailed to your home in Cleveland and addressed to the resident/fellow. In addition to the newsletter, we also have an online community through Yahoo groups! There are over 100 members and we encourage you to join and become an active member in our community. Please email hssa_ms@yahoo.com for more details. If you have any questions before you arrive, please don't hesitate to contact one of our officers:

President - Erin Zelin	(216)371-9303	erinzelin@hotmail.com
Vice President - Annie Allen	(216)320-1780	annagrahamallen@yahoo.com
Stethoscoop Editor - Jennifer Lott	(216)291-5941	jndlott@yahoo.com
Membership Secretary - MiYoung Wang	(216)-291-0921	miyoungwang@yahoo.com

PLEASE NOTE: The information presented here is a compilation of information from past and current CCF spouses. We review it to the best of our ability for accuracy (last updated 3/2006). However, it should not be considered an exhaustive listing, but simply a list of people and places that we are familiar with. Also, keep in mind that things frequently change between the publication date and when you are reading this. When in doubt, give us a call. If you are aware of something that should be added to or removed from this publication, we would appreciate your letting us know.

WELCOME TO CLEVELAND!

TABLE OF CONTENTS

	<u>Page</u>
I. RELOCATING TO CLEVELAND	
A. Cleveland History/Information.....	3
B. Finding a Place to Live.....	6
C. How to Start Your Search.....	8
D. Moving Companies/Services.....	10
E. Where to Stay While House Hunting.....	10
F. Transportation.....	11
G. Establishing Utilities and Newspapers.....	11
H. School Information.....	11-13
I. Car Registration/Drivers License Information.....	13-16
J. CCF Related Information.....	16-17
K. International Section - Tips for Those Arriving from Broad.....	17-21
II. SHOPPING/SERVICES	
A. Grocery Stores.....	21
B. Specialty Markets.....	21
C. Farmers' Market.....	21-22
D. Discount/Variety Stores.....	22
E. Shopping Centers/Malls.....	22-24
F. Other Specialty Stores.....	24-27
(Antiques, Appliances, Books, Children, Crafts, Gifts, Household Goods, Hardware, Men's, Maternity, Sporting Goods)	
G. Services.....	27-29
(Cleaner/Alterations, Dentists, Hair Stylists, Babysitters, Banks, Financial Advisors, Automotive Care, Home Care)	
III. THINGS TO DO	
A. Activity Resources and Information Centers.....	29-30
B. Sightseeing Tours.....	30
C. Amusement Parks.....	31
D. Indoor Playgrounds.....	31
E. Water Parks.....	31-32
F. Nature/Outdoor Recreation.....	32
G. Winter Recreation.....	32-33
H. Day Trips.....	33-34
I. Long Weekends Trips.....	35
J. Museums.....	35-36
K. Music and Dance.....	37
L. Sports Teams and Recreation Facilities.....	37-38
M. Theater.....	39
IV. RESTAURANTS AND NIGHT SPOTS	
A. Restaurants.....	40
Eastside.....	40-43
Westside.....	43-44
Downtown/Tremont.....	44-45
B. Breweries.....	45
C. Movie Theaters.....	45-46
D. Comedy Clubs.....	46

I. RELOCATING TO CLEVELAND

A. Cleveland History/Information

The population of the Cleveland metropolitan area is 2.9 million, this includes the following counties: Ashtabula, Cuyahoga, Geauga, Lake, Lorain, Medina, Portage and Summit counties.

The population in the City of Cleveland proper is nearly 500,000 making it the 33rd largest city in the country. More than 5,000 people live in downtown Cleveland. It is the 7th fastest-growing downtown area in the country and the fastest-growing one among Midwestern cities.

Ethnic breakdown of population:

688,045 German
490,245 African American
399,845 Irish
289,935 Italian
286,935 English
211,507 Polish
106,420 Hungarian
102,250 American
94,598 Slovak
69,752 French
67,449 Hispanic
62,714 Scottish
49,915 Dutch
47,889 Slovene
47,641 Scotch-Irish
649,508 Other

History

Cleveland has a proud history more than 200 years in the making. From a small frontier village in the Western Reserve to a major city in Northeast Ohio, Cleveland has evolved into a growing tourism mecca and has become a major headquarter for the manufacturing, shipping and service industries. The following is a timeline of events that has made Cleveland the city it is today:

1796 – July 22. U.S. General Moses Cleaveland from the Connecticut Land Company surveys the Western Reserve. One-half million-acre piece of land on the shores of Lake Erie is called the "New Connecticut."

1797 – May 2. Lorenzo Carter arrives at original town site as the city's first permanent settler. Built a log cabin on the East Bank of the Cuyahoga River that also served as the village's jail and inn.

1809 – George Peake arrives in what is now Lakewood/Rocky River, Ohio as the area's first African-American settler.

1813 – Cleaveland begins to develop into a port city. Walk-in-the-Water, the first steamship on Lake Erie serves Cleaveland.

1814 – December 23. Cleaveland receives its charter as a village.

1825 – Construction on the Ohio and Erie Canal begins.

1831 – January 6. The Cleveland Advertiser changes the spelling of the village's name to Cleveland, dropping the first "a" in order to fit the General's name upon the newspaper masthead.

1832 – Ohio and Erie Canal completed to the Ohio River.

1836 – Cleveland incorporated as an official city. John Willey elected first mayor of Cleveland.

1842 – January 7. The Cleveland Plain Dealer begins publication.

1853 – April 9. The Aliened-American, the first African-American newspaper, begins publication.

1855 – The Sault Canal opens and the arrival of railroad strengthens Cleveland as a transportation center.

1868 – September 6. First "blow" of Bessemer steel made at the Cleveland Rolling Mills.

1869 – First professional baseball game in Cleveland played by the Forest City team. Cleveland Public Library established. Lake View Cemetery opens.

1870 – January 10. Standard Oil Company established by John D. Rockefeller. February 3. Sherwin Williams Company established. Cleveland's population – 92,829 (15th largest city in nation).

1879 – April 29. First electric streetlight installed on Public Square by Charles F. Brush. Forest City, Cleveland's professional baseball team, joins the National League.

1884 – July 26. First electric streetcar run in the city.

1888 – Statue of Moses Cleaveland dedicated on Public Square.

1890 – Cleveland is the 10th largest city in the nation with a population of 261,353 people. The Arcade, the nation's first indoor shopping center, opens. First cable cars run in Cleveland.

1891 – May 1. League Park opens. Life Savers candy is created.

1894 – Soldiers and Sailors Monument dedicated on Public Square.

1901 – The Cleveland Blues, predecessor to the Cleveland Indians, are established as a charter member of the new American League. Tom L. Johnson elected mayor of Cleveland. Serves four terms (1901 – 1909) and helps Cleveland gain its reputation as a reform city.

1915 - Playhouse Settlement, forerunner to Karamu House, is found by Russel and Rowena Jelliffe.

1916 – Cleveland museum of Art opens.

1917 – Cleveland Metroparks created.

1918 – December 11. The world-renowned Cleveland Orchestra performs its first concert.

1920 –The Cleveland Indians win their first World Series.

1925 – Cleveland Airport (now Cleveland Hopkins International Airport) opens. Shaker Square, nation's second oldest outdoor shopping center, opens.

1933 – Clevelanders Jerry Siegel and Joe Shuster create the comic book character Superman.

1935 – Elliott Ness becomes Safety Director of Cleveland.

Copyright 2006 Cleveland Clinic House Staff Spouse Association

1937 – Cleveland Rams begin play in the National Football League (NFL).

1945 – Cleveland Rams win NFL championship then move to Los Angeles.

1946 – Cleveland Browns begin play in new All-American Football Conference (AAFC). Win all four championship titles in conference history. (1946–1949).

1948 – Cleveland Indians win their second World Series.

1950 – Cleveland Browns join the NFL and win the NFL championship. Browns also win titles in 1954-1955 and 1964 (their last NFL title). Cleveland's population reaches 914,808 (highest ever).

1952 - Alan Freed, Cleveland radio DJ, coins the term "Rock 'n' Roll." First rock 'n' roll concert, The Moondog Coronation Ball is held in Cleveland.

1967 – Carl B. Stokes elected mayor of Cleveland. He is the first African-American mayor of a major U.S. city.

1970 – Cleveland Cavaliers enter the National Basketball Association (NBA) as an expansion team.

1986 – Cleveland selected as site of the Rock and Roll Hall of Fame and Museum.

1991 – Key Tower is completed on Public Square. At 948 feet, it is the tallest building between New York City and Chicago.

1993 – Cleveland named All-American City for fifth time. All-American City in 1949, 1982, 1984, 1986.

1994 – Gateway Sports Entertainment Complex (Jacobs Field and Gund Arena) opens.

1995 – Rock and Roll Hall of Fame and Museum opens. Cleveland Indians win their first American League pennant in 41 years and make their 4th World Series appearance. Cleveland Browns play their last game in Cleveland and move to Baltimore next season.

1996 – Cleveland celebrates its Bicentennial. Great Lakes Science Center opens.

1997 – Cleveland Indians win the American League pennant and return to the World Series. Cleveland hosts the Rock and Roll Hall of Fame Induction Ceremony.

1999 – August 21. The new Cleveland Browns Stadium opens with the historic return of the Cleveland Browns.

2002 – Cleveland citizens elect Jane L. Campbell as the first female mayor of Cleveland.

B. FINDING A PLACE TO LIVE

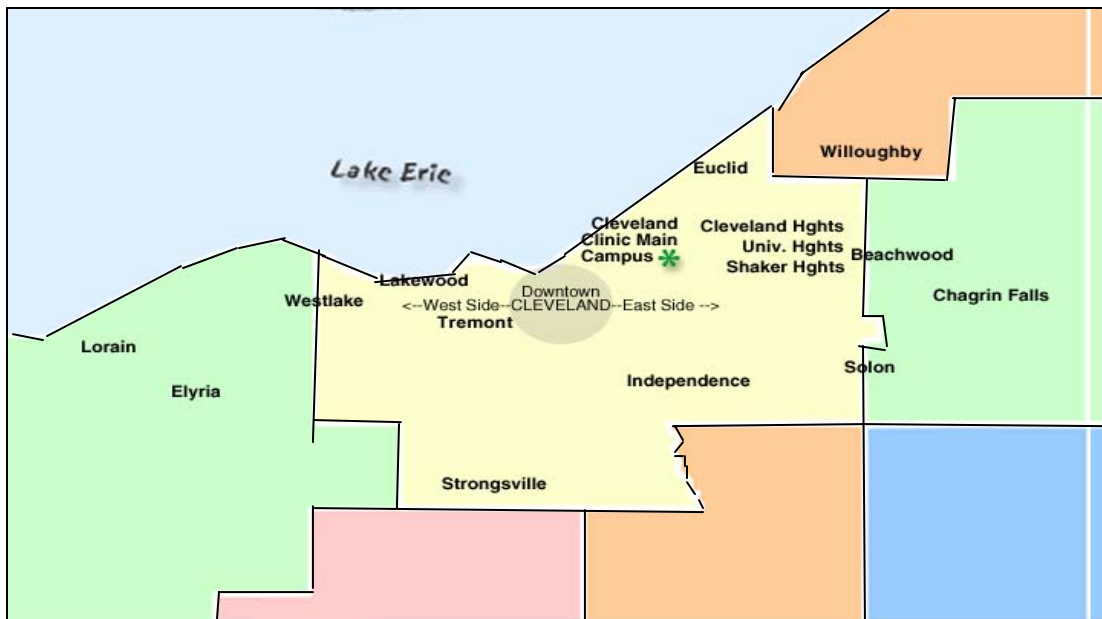
Your first priority will probably be finding a place to live. Most people find the cost of both renting apartments and buying houses very affordable. Plan a visit to Cleveland in mid-April. A long weekend with at least one weekday is desirable. If you cannot get here until June, relax - you will still be able to find somewhere to live. Come prepared with a clear understanding of what you want, what you can afford, and what your priorities are.

The winding Cuyahoga River geographically divides the city of Cleveland into two areas: the East and West sides.

The West Side suburbs are closer to downtown, have easier access to freeways, receive fewer inches of snow, and generally offer more modern and less expensive housing options.

The East Side suburbs, which are closer to University Circle, CCF, and many of the cultural institutions, offer historical charm and nice, affordable housing.

The Downtown area boasts newly renovated apartments for those who want “city style” living arrangements.



See “Rating the Suburbs” from Cleveland Magazine’s June issue for area statistics and demographic information. This information is published every June in Cleveland Magazine. If you would like an opinion on an area to live, please e-mail or call one of the HSSA officers listed above.

The most frequently “lived-in” East Side suburbs are the following:

<u>SUBURB</u>	<u>TRAVEL TIME TO CCF</u>
Beachwood	20-25 minutes
Cleveland Heights	10-20 minutes
Lyndhurst	20-25 minutes
Mayfield Heights	25-30 minutes
Shaker Heights	10-20 minutes
South Euclid	20-25 minutes
University Heights	15-20 minutes

The most frequently “lived-in” West Side suburbs are the following:

<u>SUBURB</u>	<u>TRAVEL TIME TO CCF</u>
Bay Village	25-30 minutes
Fairview Park	20-25 minutes
Lakewood	15-20 minutes
Parma	20-25 minutes
Rocky River	20-25 minutes
Westlake	25-30 minutes

For those working in specialties that can take call from home, be sure to check with your CCF department for any minimum travel time requirements.

The types of housing you will find available include:

- Traditional apartment complexes
- Single family homes
- Duplex - a side-by-side house, mostly available in Cleveland Heights. You share the front entrance, garden and garage but everything else is private. Cost is at least \$800/month for a 3-bedroom duplex.
- Two-family home - has a common front entrance, one family has the first floor, and another family has the second floor +/- the third floor. These are mostly available in Shaker Heights. A 3-bedroom "upstairs" will cost at least \$700/month.

THINGS TO CONSIDER

When renting in Cleveland, you must always remember that Ohio law protects the landlords, not the tenants. Here are some suggestions from others before you:

- Consider hiring a real estate agent (this could cost between \$100-\$150/day). They can show you areas that do not have housing services.
- Use a housing service (see listings below) but they exist primarily for the benefit of landlords so be cautious.
- Get everything in writing.
- Talk to current tenants they are the best source of information about the landlord, the property and the neighborhood.
- Families with only one vehicle should consider living within walking distance of the RTA public transportation system. Housing along or near Van Aken Blvd. and Shaker Blvd. is convenient for the RTA trains. Additionally, housing near Shaker Square is convenient to the #48 bus that goes to CCF. The #6 goes through downtown to and from CCF and is populated by mostly business people going to and from work and home.
- Having a garage in which to park your car can save snow-cleaning time during the winter months.
- Families moving with animals, specifically dogs, should try the Shaker Heights/Cleveland Heights Housing Services (see listing below) to find housing, as *The Apartment Guide* does not advertise housing that allow dogs.
- Remember, it won't always be Spring. Cleveland weather can be extreme so this will effect your utilities bills in the winter, whether you want a garage to park your car in, your commute into work, etc.

C. HOW TO START YOUR SEARCH

Cleveland Clinic Sources:

The Office of Alumni Relations has a website that lists a variety of housing options including: apartment management companies, apartment communities, apartments, multifamily homes, condominiums, single family homes for sale and rent as well as temporary housing options. Go to: www.clevelandclinic.org/education/gme/housing/default.asp to view their housing bulletin, which is updated weekly. If you have housing questions, please call Michelle Gill-LaPresto, House Staff Coordinator at 216-445-6961 or the Office of Alumni Relations at 216-444-2487 or 1-800-444-3664. For more information or brochures, stop by the Office of Alumni Relations. The office is located in the former White Family Mansion at the northwest corner of 90th and Euclid between HealthSpace and Parking One, across from The Taussig Cancer Center. You are welcome to come to the office to search for housing online or to make phone calls in your housing search.

Rental Advertisements:

- *The Apartment Guide* (free, published monthly). (216) 447-1416
- *The Cleveland Plain Dealer*. (216) 999-6000 or www.plaindealer.com
- *Sun Press* (a local, east side newspaper). (216) 524-0830.
- Websites to checkout include: www.cleveland.com, www.forrent.com, www.rent.com, www.apartmentfinder.com.

Housing Services:

- Cleveland Heights Housing Service. (216) 291-5959 or www.heightshousing@CLVHTS.com
The housing service is FREE and will provide a guided tour of the Cleveland Heights area. They will custom fit your Rental needs and show you rental property, as well as homes that are for sale by owner. They also offer scholarships and loan programs for qualifying buyers. Call for more information or to set up an appointment.
- Shaker Heights Housing Service. (216) 491-1330 or www.shakeronline.com
The housing service is FREE and will provide a guided tour of the Shaker Heights area and neighborhood schools, recreational facilities, libraries and shopping centers. The housing service will show only "Certified Shaker" 2 family homes and will provide a list of "Certified Shaker" apartment buildings. "Certified Shaker" rentals have stringent requirements of cleanliness and safety regulations. Call for more information or set up an appointment.
- Private Lodgings, Inc. (216) 291-1209 - Phyllis Gerber
A referral service specializing in temporary, short-term housing. Furnished apartments, condominiums and houses. Home share - live in someone else's home. East and West Cleveland property locations. Unfurnished houses available for a longer term.
- The Village Green Apartments. Beachwood.(216) 292-9210 or www.villagegreen.com (click on "Apartment Search", then "Ohio", then "Beachwood")
24-Hour manned gated community. Amenities include indoor & outdoor pool, hot tub, fitness center, tennis and racquetball courts, and guest suites. Various specials offered, such as a 5% rental discount for CCF residents/fellows, no application fee, and only \$150 security deposit required. Furnished apartments available for short-term lease through corporate housing provider partners. Call for more information and a FREE personal tour of the community. (Be sure to ask them about renters insurance here, you will definitely want it.)
- Any city/suburb's Chamber of Commerce. (Dial information (216) 555-1212 for the phone number)

Buying Contacts:

- NextHome is a mortgage company and a realtor that offers a complete Doctor Home Purchase Package that includes 100% financing with no PMI, zero out-of-pocket closings, great interest rates, and the ability to close on your new home PRIOR to beginning your residency/fellowship. (888) 566-4100. www.nexthome.com
Sandy Ellis is a Loan Officer who is very familiar with the unique situation of residents and fellows. 1-888-566-4100 ext. 7308. sandy@nexthome.com.

Patrick Lambert is a realtor whose expertise is in assisting residents/fellows with their home search. He will e-mail you homes that fit your desires prior to your trip to Cleveland, pick you up at the airport, provide a personalized tour of Cleveland and help you purchase your home. 1-888-566-4100 ext. 7320.
patrick@nexthome.com.

- First Place Bank in North Olmstead 440-779-0807, contact Chris Hartzell
- Planright GMAC (216) 514-8882 or www.planrightgmac.com
Joan Rosen - e-mail: planright@aol.com
*Jenny Civello – e-mail: jennycivello@gmail.com or call at 216-832-8081. Jenny's husband is a cardiology advanced fellow at the Cleveland Clinic, and Jenny is a former HSSA officer. She is familiar with the Cleveland area, the Cleveland Clinic, and the House Staff Spouse Association. She can help make your transition smoother—call with questions.
- Realty One -- Betsy Don, voicemail 216-348-3756, cell 216-780-1764 www.realtyone.com
- Howard Hanna Smythe, Cramer Co. (216) 751-8550 or www.howardhanna.com
Marilyn Isler - ABR, CRS - voice mail (216) 999-8405 or e-mail: islermar@aol.com or <http://marilynislser.howardhanna.com>
- RE/MAX – various offices serving Cleveland and surrounding suburbs, including the west side.
www.remax.com
- Realty East – Betsy Stimpert. Specializing in East Side properties. Locally owned. Female business owner. 216-831-8161 or betsystimpert@hotmail.com. 3364 Richmond Rd., Beachwood, OH 44122
- www.realtor.com This web site advertises many homes from many different real estate agencies

Home Inspectors:

When purchasing your new home and before closing the deal, you'll want to get a general home inspection. A home inspector will provide a professional opinion of the overall condition of the dwelling and will identify major defects. Both the interior and exterior of the property will be inspected. Buyers are advised to accompany the inspector to ask questions but it's not required. You will receive an impartial objective report of the property. General home inspections help you avoid "surprises" later on.

- Ask your realtor for a qualified Home Inspector
- If you are purchasing a home in "the heights" (Shaker, University or Cleveland), be sure your home inspector is familiar with the specific code violations for each area

THINGS TO CONSIDER

- Wage Taxes - Most of the suburban townships have regional wage taxes. Check the Regional Income Tax Agency web site for listings at <http://www.rita.to/>
- Property Taxes - The property tax rates vary widely from township to township. You will want to take these costs into consideration before making a final purchase decision.
- Property Inspections & Point Of Sale Inspection - Some townships have property inspections that occur at the time of sale and also yearly. Any items found by inspectors that warrant repair will be cited for violation and must be fixed. Be sure to understand this and review it with your real estate agent. Ask questions before you buy or you could get stuck with costly repairs.

D. MOVING COMPANIES/SERVICES

Whether you choose to move with a professional moving company or do-it-yourself, our best advice is to plan ahead as early as possible (check your city of origin's phone book for telephone numbers).

Full Service

Allied Van Lines
Bekins Van Lines
Corlett Movers (216) 641-6677
Mayflower Transit Company
United Van Lines

Do-it-Yourself Service:

Hertz-Penske Truck Rental
Ryder Truck Rental
U-Haul Company

E. WHERE TO STAY WHEN HOUSE HUNTING

From our experience, the hotels/motels listed below offer affordable rates and we suggest that you always inquire whether they offer a discount for Cleveland Clinic residents/fellows. The hotels marked with an "*" are more expensive so make sure you ask about the price. AAA cardholders can receive discounts at some hotels.

West Side:

Hampton Inn – Westlake. (440) 892-0333.
Holiday Inn – Westlake. (440) 871-6000.
Red Roof Inn – Westlake. (440) 892-7920.
Courtyard by Marriott – Westlake (440) 871-3756
Residence Inn – Westlake (440) 892-2254
Fairfield Inn by Marriott – Westlake (440) 934-7445
Hampton Inn – North Olmstead (440) 734-4477
Candlewood Suites – North Olmstead (877) 660-8541

East Side:

Alcazar Hotel - Cleveland Heights. (216) 321-5400. <http://thealcazar.com>
Baymount Inns - Mayfield Heights. (440) 442-8400.
Cleveland Clinic Guest House – Cleveland. (216) 707-4200
*Cleveland Hilton East – Beachwood. (216) 464-5950.
*Embassy Suites Hotel – Beachwood. (216) 765-8066.
Comfort Inn – Wickliffe. (440) 944 4030.
Holiday Inn – Beachwood. (216) 831-3300.
*Radisson Hotels- Beachwood and Downtown. (800) 333-3333.
*Stouffer Renaissance Hotel – Downtown. (216) 696-5600.
TravelLodge – Beachwood. (216) 831-7200.
Hampton Inn and Suites – Beachwood (216) 831-3735
Crest Bed and Breakfast – Cleveland Heights (216) 291-1209

South and/or near the Airport:

*Cleveland Airport Marriott - Airport. (216) 252-5333.
Holiday Inn - Airport. (216) 252-7700.
Holiday Inn – Independence. (216) 524-8050.
Quality Inn -- Middleburg Heights. (440) 243-4040.
Radisson Inn - Airport. (440) 734-5060
Red Roof Inn – Independence. (216) 447-0030.
*Residence Inn by Marriott - Airport. (440) 234-6688.
*Sheraton Hotel - Airport. (216) 267-1500.

F. TRANSPORTATION

Main airport: Cleveland Hopkins International Airport (CLE).

Alternative Airport: Akron-Canton Regional (CAK). Sometimes carries cheaper fares.

Car rentals: Avis (216) 265-3700

Hertz (800) 654-3131

Budget (216) 267-2080

National (216) 267-0060

Thrifty (800) 847-4389

Taxicabs: Yellow Cab (216) 623-1500

Americab (216) 881-1111

Amtrak: (800) 872-7245 (216) 695-5115

Regional Transit Authority (RTA) (bus/train): (216) 621-9500

Greyhound Bus Line: (216) 781-0520 or (800) 231-2222

G. ESTABLISHING UTILITIES AND NEWSPAPERS

Some utilities may be set up before you arrive:

Electricity:	The Illuminating Company	(800) 589-3101 www.firstenergycorp.com
Gas:	Dominion East Ohio They offer a monthly budget program	(216) 361-2345 www.dom.com
Telephone:	SBC / AT&T Telephone Company	(800) 660-1000 www.sbc.com
Cable TV & Cable Internet:	Adelphia Cable & Internet	(888) 683-1000 Toll Free www.adelphia.com
	SBC/ AT&T Digital TV and High Speed Internet	800-660-1000 www.sbc.com
	Wide Open West (WOW)	(877) 275-4347 www1.wowway.com/
	Cox Digital Cable & Internet	(216) 535-3500 www.cox.com/cleveland
	Direct TV	800-215-0624 www.directtv.com (866) 252-7811 www.rapidsatellite.com
Newspapers:	Cleveland Plain Dealer	(216) 999-6000 www.cleveland.com
	Sun Press - Eastern Suburb Paper	(216) 524-0830 www.cleveland.com/sun/sunpress

H. SCHOOL INFORMATION

Education for grades kindergarten through twelve is free in the Ohio Public School System. You may have to pay

Copyright 2006 Cleveland Clinic House Staff Spouse Association

for full-time kindergarten if your school offers only a half-day program. Each municipality (City of Cleveland Heights, Shaker Heights, Lakewood, etc.) has its own Board of Education, which administers education matters within its district. Some adjoining cities share a combined school system such as Cleveland Heights / University Heights and South Euclid/ Lyndhurst. The Ohio Department of Education website, <http://www.ode.state.oh.us/>, provides district and school profile information and publishes the results of the state proficiency tests and school district report cards. **Before you start your housing search**, it is worthwhile to compare the performance of each school district and evaluate individual schools within a district. Copies of the report cards can be ordered online, or call toll-free Ohio Dept. of Education. (877) 772-7771. Contact the Board in your area as soon as possible for specific information.

The starting age for children varies, but in general, a child must turn 5 by September 30th of the year he/she starts school. Some school districts allow underage children to start school after satisfactory completion of ability and preparedness tests. The school year and hours vary; however, the typical enrollment month for private schools is January, so look into schools as soon as possible as there are occasionally waiting lists. Some schools provide orientation sessions for parents and children in August.

NOTE: Call the *NAEYC- National Association for the Education of Young Children* to obtain a list of accredited schools in your area. (800) 424-2460 or www.naeyc.org.

Specific registration procedures vary, but in general, the following are necessary:

- Birth Certificate or Baptismal Certificate
- Current medical certificate from physician
- Medical history and documentation of all U.S. required immunizations
- Proof of residence (utility bill, driver's license, etc.)
- Legal custody papers, in case of divorce
- School records for secondary levels, report cards, unofficial school transcripts

CHILDCARE - PRE-SCHOOLS / CO-OPS / NURSERIES

For those with young children, finding and choosing childcare is likely to be one of the most stressful parts of your move. We suggest you start your search as early as possible. Many centers fill fast and have very long waiting lists. Consider a preliminary search by telephone months before arriving in Cleveland and application to the wait list of centers you like. Many of us have children and are happy to answer questions to help you narrow your search. Generally Co-ops are less expensive than traditional pre-schools, but require parent volunteer time. Below is a list of some of the pre-schools in the area.

BEACHWOOD	PHONE
Fundamentals Children's Center	(216) 831-6500
CLEVELAND	PHONE
The Cleveland Music Settlement School	(216) 421-5806
The Montessori School at Holy Rosary	(216) 421-0700
CLEVELAND HEIGHTS	PHONE
Church of the Savior	(216) 321-8880
Fairmount Church Cooperative Nursery School	(216) 921-9040
Fairmount Temple Preschool	(216) 464-1752
Horizon Montessori	(216) 321-9034
Jewish Community Center	(216) 382-4000
Ruffing Montessori	(216) 321-7571
Saint Paul Co-op Nursery School	(216) 932-0002
SOUTH EUCLID	PHONE
St. Gregory the Great Preschool	(216) 381-0363
South Euclid Co-op Nursery School	(216) 381-4030
LAKESWOOD	PHONE
Haynes Nursery School	(216) 221-9557

Copyright 2006 Cleveland Clinic House Staff Spouse Association

Lakewood Baptist Child Development Center	(216) 221-4089
Lakewood Community Care Center	(216) 226-0080
LYNDHURST	PHONE
Faith Church Preschool – Lyndhurst/Richmond Heights	(216) 382-7010
The Ratner School (Montessori)	(216) 291-0033
Lyndhurst Childhood Enrichment Center (Ages 8 weeks to pre-kindergarten)	(440) 442-2333
MAYFIELD HEIGHTS	
Children's World Learning Center	(440) 684-0683
MIDDLEBURG HEIGHTS	
Little Acorn Child Care Center	(440) 816-5395
PARMA	
Parma Co-Op Preschool	(440)-845-3725
Parma Montessori	(216)-898-9520
ROCKY RIVER	PHONE
Rocky Rover Presbyterian Nursery School	(440) 333-4888
West Shore Child Care Center	(440) 333-2040
SHAKER HEIGHTS	PHONE
Carol Nursery	(216) 491-1871
Cooperative Nursery School at Heights Christian Church	(216) 751-2593
Early Childhood Enrichment Center	(216) 991-9761
Jewish Day Nursery	(216) 932-2800
Plymouth Church / Parents Day Out (Ages 2 ½ to 4)	(216) 991-1961

Additional Resources for Parents

CONCERN Cleveland Clinic Health System Employee Assistance Program is the Cleveland Clinic referral service. They maintain lists of in-home childcare providers, daycare centers, and nanny services. They will mail a printout from their database of providers. (216) 445-6970

Parent & Family Centers: There are several parent and family centers located in the Cleveland area. They are non-profit organizations that offer educational, social, and/or recreational programs for families with young children of all abilities.

The Heights Parent Center: 1700 Crest Road in Cleveland Heights, 216-321-0079, www.heightsparentcenter.org. The HPC offers many programs at the Parent Center as well as *Little Heights* which is a popular playgroup at the Cleveland Heights – University Heights Main Library.

Shaker Family Center: 19824 Sussex Road, Shaker Heights, OH 44122, (216) 921-2023, www.shakerfamilycenter.org They also offer programs at the Family Center as well as playgroups at the Shaker Heights Public Library.

Lakewood Family Room: 17400 Northwood Avenue, Lakewood, 216-529-5018, (216) 921-2023 http://www.ci.lakewood.oh.us/human_echild_family_room.html or go to www.ci.lakewood.oh.us and search for Lakewood Family Room. They have an activity room for families and offer parent education activities.

I. CAR REGISTRATION/DRIVER'S LICENSE INFORMATION

Registering your vehicle and obtaining a driver's license can be a time consuming process. Listed below are the steps you will need to take to obtain all necessary items. This information was obtained from: <http://www.bmv.ohio.gov> and <http://www.plates.com/>. More information, such as current listings of Title Offices can be found on these websites.

To Obtain a Driver's License:

Once you are an Ohio resident, you need to become an official Ohio driver as soon as possible. You are considered an Ohio resident once you: take a job, sign a lease, buy a home, register to vote, or enroll children in school.

You first need to get a booklet, "Digest of Ohio Motor Vehicle Laws." This booklet is available from the Ohio Department of Public Safety (614-466-4344) or a local license agency. Look in your yellow pages under "License Services" for the license agency nearest you. All the information you need to study for an Ohio driver license test is in the Digest of Ohio Motor Vehicle Laws booklet.

After you've studied the Digest, you're ready to take the test. Go to the nearest State Highway Patrol Examination Station for a written test and vision screening. The list of locations is in the back of the Digest. No appointment is necessary, but be sure to check which days and hours the nearest station is open.

The driving test is usually waived for new residents who have a valid out-of-state license. The examiner may require one for someone who may need a license restriction.

If your old driver license has expired or you are a first-time driver, you'll have to purchase a temporary permit packet from a license agency for \$21.00. Proof of Social Security number and a certified birth certificate are required for this packet.

If you have an international driver's license, you must make an appointment with the Highway Patrol Examination Station (216) 787-5880 using your Social Security number, to take the vision, written and **road** tests. The written test is available in many foreign languages, however, you must be able to understand directions and read traffic signs printed in English.

Upon passing all tests, you have 60 days to take your "examination passed" to a Deputy Registrar or Auto and Driver's License Bureau (see State Government section of the Blue Pages for locations) to obtain your license.

Safety laws:

Ohio law requires all children who are under the age of 4 and who weigh less than 40 pounds (88 kilos) be restrained in an approved child safety seat. Drivers and front seat passengers must wear safety belts.

To Purchase a Vehicle:

The purchase of a vehicle may be from a car dealer (see Yellow Pages or local newspapers) or directly from the previous owner (see the *Automobile Trading Times*, which is published weekly, or the *Plain Dealer*, also try www.carsoup.com which lists vehicles for sale by both dealers and individuals). The bulletin board outside the entrance to the CCF "H" cafeteria is another good source for vehicle advertisements. You may also consider leasing a vehicle if you will be here only a year or two.

Call the AAA (see below) for recommended garages to check your second-hand vehicle for mechanical defects before you purchase it. Some garages are listed on page 22 under Automotive Care.

Title, Registration and License Plates for Your Vehicle:

Step One: Out-of-State Inspection. If you purchased your vehicle out-of-state or it is registered out-of-state, you must take it to a License Bureau for a vehicle inspection. You will need the paper work from this inspection to obtain an Ohio Title. All license agencies offer this service and many, but not all, new car dealers do also, so call ahead to be sure. Ask for the service department at the car dealers. The inspection of your vehicle will verify the make, model, body type, and manufacturer's serial number or vehicle identification number. You will be given the completed inspection form. This takes about five minutes. There is a \$3.50 fee to the dealer or license agency and a \$1.50 fee to be collected at your next stop, the auto title office (fees as of 2005).

Step Two: Obtain an Ohio Title. Title Transfer is done at a Title Bureau (See County Government Section of the Phone Book, under "Clerk of Courts, Auto Title Department"). **East Side:** Golden Gate Plaza in Mayfield Heights. **West Side:** Great Northern Mall in North Olmstead.

+If your vehicle has two owners, both of you have to handle this unless you get a notarized power of attorney for the one who can't come.

+If you have a lien on your car, you will have to request that your original title be sent directly to the title office so the lien can be recorded on the Ohio title as well as supply an original or copy of the loan papers.

+You will need to phone the Clerk of Courts to determine the charge for your title transfer. If sales tax is due, it will be collected before the title is issued. The title transfer must be paid for in cash.

+If you lease a car, contact your leasing agency to find out how they want you to handle the title transfer. It varies from company to company.

+Now it's off to the license agency to get your new license plates. To register your vehicle in Ohio, you must present your new Ohio title (or memorandum of title, if your car has a lien).

Step Three: Emissions Testing. For e-check locations, call 1-800-CAR-TEST (1-800-227-8378).

Step Four: Obtain License Plates and Registration. To obtain license plates, go to a Deputy Registrar's Office or License Bureau (see License Services in the Yellow Pages). You will need your **Ohio** title, your "passing" e-test certificate and your driver's license. The license agency will collect the proper registration fees depending on when you purchase your tags, what taxing district you reside in, and when your birthday is. For passenger vehicles and non-commercial trucks, the cost will range from \$35 to \$105. The legal owners must apply in person or you must have a notarized Power of Attorney for the person who cannot come.

REMINDER: Don't leave home without:

- Your vehicle's original title (see above for instructions on how to obtain the original title if you are still making payments on/do not own your vehicle)
- A notarized Power of Attorney if the actual owner of the vehicle cannot be there in person (Must use Bureau's form)
- One picture ID (a current driver's license or passport) and one other ID with your Social Security number on it
- Proof of Social Security number and birth certificate if your Social Security number is not on your current driver's license

The lines can be very long and difficult. If you have children, try to leave them at home.

Car Insurance:

Under Ohio law, you are required to carry adequate car insurance. No one can operate a motor vehicle without

proof of insurance. To comply with the law, liability coverage of \$12,500-\$25,000 for personal injury or death and \$7,500 for property damage is required. The "Ohio Shopper's Guide to Automobile Insurance" is provided by the Ohio Department of Insurance (800) 686-1526 (allow several weeks for shipping or check for copies and the local library). This guide provides rate information, explanations of terms and coverage and other information to help you choose an insurance company.

Please consider joining the **Ohio Motorists Association - AAA**. They provide roadside assistance as well as maps, tour guides, travel shop and travel agency services.

- Main Office: 6000 S. Marginal Road, Cleveland, 44103, (216) 606-6100
- East Side: 5356 Mayfield Road, Lyndhurst, 44124, (440) 473-0700 (in Power Plaza)
- West Side: 3356 Linden Road, Rocky River, 44116, (440) 333-5878 (in Westgate Shopping Center)

J. CCF RELATED INFORMATION

How to Page Your Spouse:

To page someone from a CCF house phone: dial 14 (beep...); dial pager number (beep, beep...), dial last five digits of house phone number and the pound (#) sign; hang up and wait for your call. Example: 14, 22200, 41234#.

To page someone from an outside phone: dial (216) 464-8410 (beep...); dial pager number (beep, beep...); dial the number where you want the person to return your call and the pound (#) sign; hang up and wait for your call. Example: (216) 464-8410, 55555, 555-5555#.

If it is an emergency and you need your spouse to call you back ASAP, you can add 911 after your phone number and before the pound sign. Example: (216) 464-8410, 55555, 555-5555911#.

If you need to reach your spouse and you are calling from a phone where he/she can't call back, simply dial the CCF operator (216) 444-2200 or (800) CCF-CARE and ask to have your spouse paged. You will hold on the line while the operator makes the page and your spouse will be connected directly to you relatively quickly.

Making a Doctor's Appointment with the Primary Care Department (adult and pediatrics):

When you call to make an appointment, you will be required to give the nurse the 8-digit CCF number of the patient. Each person in your family has his/her own number, and they are assigned at your first appointment. When attending your first appointment, you will need to show up about 1/2-hour early to apply for this number. Applications are taken directly in Primary Care.

- Routine Adult Primary Care Appointments: (216) 444-2535
- Urgent Adult Primary Care Appointments: (216) 444-2538
- Routine Pediatric Appointments: (216) 444-(KIDS) 5437
- Urgent Pediatric Appointments: (216) 444-2932

Paydays:

All residents/fellows get paid twice per month - on the 15th and on the last working day. If the normal payday falls on a weekend (Saturday or Sunday), your spouse will receive their paycheck on the working day before. When your spouse starts his/her training, they will be offered the option of having their paycheck automatically deposited (called direct deposit) each payday into their checking account. We strongly advise you select this option. Paystubs will be mailed to your home.

Parking: Bring your parking ticket to the GME Office on the second floor of the Lerner Education Building for free validation.

Disability Insurance Coverage

The Cleveland Clinic's Graduate Medical Education Department provides and fully pays for an individual long-term disability policy for all clinical resident and fellow doctors. A benefit of \$1,500 per month is paid following 90 days of total disability in your own occupation. Benefits will continue for the length of total disability to age 65. There is no health exam required for this coverage, nor are preexisting conditions excluded from the policy. The policy includes \$3,000 of Future Increase Options to be utilized upon graduation or at any time following graduation and requires only financial underwriting.

Upon completion of The Cleveland Clinic program, the above policy is fully portable. That is, as long as all the necessary paperwork is completed within 90 days of your graduation date, you can continue the coverage on your own **WHILE RETAINING THE 25% LARGE GROUP DISCOUNT AFFORDED THE CLINIC**. In addition and immediately following graduation from the Cleveland Clinic program, you have the guaranteed option of adding the following benefits to enhance your policy; (1) Extended Partial Disability rider, (2) Cost of Living Adjustment rider, (3) the Automatic Annual Benefit Increase rider and (4) exercising part or all of the Future Increase Options.

Additional Coverage During Program:

You can apply for up to an additional \$2,000 of monthly benefit at any time during your program taking advantage of the 25% discount. Evidence of insurability is required for any additional coverage. Keep in mind, this is your policy and will travel with you upon completion of your training.

Additional Coverage Upon Graduation:

Upon graduation, you also have the option of increasing your core disability benefit to cover your starting guaranteed salary from your new employer. Evidence of financial and medical insurability is required.

For more information or for an individual meeting to discuss your particular needs, please contact a program representative.

Amy P. Dickenson
DICKENSON and ASSOCIATES
440-505-6007
amy@dickensoninsurance.com

Rory Bixel Lough
THE BIXEL ORGANIZATION, INC.
440-974-4040
rory@thebixelorganization.com

K. INTERNATIONAL SECTION - TIPS FOR THOSE ARRIVING FROM ABROAD

Yes, you can do it! You can arrive here jet-lagged, tired, upset children in tow, only a few days before your spouse starts work, and organize a house, car, schools and furniture. If you have any problems or questions before or after you arrive, please do not hesitate to contact the **HSSA** and we will do our best to help (our names and phone numbers are listed in the *Stethoscoop*). We know how difficult and frustrating it can be. From our experience, the first month is the worst, so don't give up!

1. Applying for a Social Security Number

Without your social security number, you can do nothing. You need it to open a bank account (and hence to be

paid), to get a driver's license and to buy a car. <http://www.socialsecurity.gov/> gives every bit of info you could want! This section should be particularly helpful: <http://www.socialsecurity.gov/immigration/>. The office at 1950 East 117TH Street is close to CCF; <https://s044a90.ssa.gov/apps6z/FOLO/Controller> gives office hours and a map. The office at 3355 Richmond Road, Suite 211 is in Beachwood and we recommend this location; <https://s044a90.ssa.gov/apps6z/FOLO/Controller> gives office hours, and a map. Take with you to the office your passport and ID photos. Two days after you have applied, you can go back to the office (with your passport) and get an official printout so you can do all of the things mentioned above. The official Social Security card takes about 2 weeks to arrive.

Make sure to keep your Social Security card safe—don't carry it around in your wallet. If this number is stolen or lost the finder can use it to do everything you need it for, and do it in your name (open bank accounts, apply for credit)--this can financially ruin you!! Most Americans learn this number by-heart—you may find this helpful too!!

2. Car

You will find it very difficult to achieve anything without a car, including travelling to some of your spouse's rotations/clinics, so we recommend that you rent one until you can buy one. Leasing a car is not an option as you do not have a credit rating in the U.S. You will have to rent a car from one of the big companies because the smaller (cheaper) companies will not rent you a car if you do not have your own insurance. Beware of hidden costs when renting. Most rental companies will try to sell you full comprehensive insurance which may be costly and not be required. Many international residents/fellows find the best luck with buying from a private seller; just make sure you have the cash on hand for the purchase.

After you have bought your car and gone through the torture of getting the title transferred, the car registered and getting a driver's license, you will need to get automobile insurance. Your driving history in your country of origin may be relevant, so have a copy of your *No Claims Bonus* from your previous insurer available. Be sure to shop around for the lowest insurance rates. Companies can vary by hundreds of dollars. An insurance broker can help you comparison shop or try Progressive Insurance at (800) 776-4737; www.progressive.com. They will give you their quote, as well as quotes from other major companies. **Auto insurance is required by law in Ohio.**

****Canadians:** Cars brought into the US require a letter from the car's manufacturer to cross the border. This letter must verify that your vehicle meets US Environmental Protection and Vehicle Safety Standards. Without this letter, you cannot bring your car across the border.

3. Credit Cards

Once you have established a local bank account, you should be eligible to receive a credit card. However, we suggest that you bring your VISA/Mastercard with you from your country of origin and arrange to have the bills paid at home until you receive your new cards. If you are having trouble with getting a credit card due to no credit history, ask your bank to give you a 'secured' credit card, based on money which you have set aside (eg. if you have \$1000 in the bank which you can afford to not touch, the bank will give you a line of credit against that \$1000.) This should help build your credit history, as long as you still pay the balance on time.

4. English Lessons

You can find free English classes in some locations. Two such locations are the Board of Education, University Heights, (216) 371-7171 and the Heights Community Center, (216) 371-7138, which offer various courses each season. Look for the local city magazine in your apartment complex for more information.

5. Housing

See page 3 for information on renting apartments/houses or buying a house. Remember that you need to call at least 2 weeks before you arrive to schedule appointments to view the housing. If you are looking at buying a house

and will require a mortgage, ask your real estate agent to recommend a mortgage company that has experience working with non-nationals.

6. Furniture

You can try to buy a house load of furniture from someone who is leaving CCF (highly recommended; see if your CCF department can help with leads), you can attend garage/house sales and buy what you need (tedious and time-consuming), or you can go to a large second-hand furniture store. You can buy some of the things in less expensive stores such as K-Mart, Target, and Wal-Mart. If you can, wait until the stores you want to buy from have sales. Usually, January and August are the months with the best sales. The *Sun Press* newspaper, which is published weekly on Thursdays, is a good resource, as is www.craigslist.com. You can also try a St. Vincent De Paul second-hand store or Goodwill or The Salvation Army second-hand store. Try Old Time Pottery on 130th in Parma Heights for good, cheap household goods. If you are looking for used furniture, it is worth looking in the newspapers, the *Stethoscoop*, or the bulletin board located near the entrance to the CCF "H" cafeteria. Furniture can also be rented – See Furniture Renting in the Yellow Pages.

Parents: Call the Heights Parent Center (216) 321-0079 at the Millikin School in Cleveland Heights to join the toy lending library for your children.

7. Mail Order Catalogues and the Internet

Many people shop through mail order catalogues and the internet for clothing, toys, linen, furniture, etc. The reputable companies have good, quality items and they are easily returnable if not suitable. The advantages to this method of ordering are that you have access to a wide range of goods from your home, you can place your order over the phone with helpful, knowledgeable operators or on-line when the children are in bed, and often you will not have to pay tax on these products. Examples of popular U.S. catalog/on-line shopping are: JCrew (www.jcrew.com), Lands End (www.landsend.com), L.L. Bean (www.llbean.com), Ikea (www.ikea.com), and Amazon (www.amazon.com). Major department stores like Sears and JC Penny (low-budget examples) also offer on-line shopping.

8. Supermarkets

You may find supermarkets difficult because everything is packaged differently and is displayed in a different section. At some markets, you may not be allowed to take your cart (trolley) to the car, there will be a designated spot to leave it and it will be labeled with a number when you drive up to the pickup area. A person will load your groceries into your trunk (boot) – some grocery stores discourage tipping (Heinen's). You will also be asked at the checkout if you want your groceries packed in "paper or plastic" bags. Many people bring their own cloth bags or return their used paper/plastic bags to aid in the product recycling effort.

For those willing to travel a little farther a-field, 'big box' stores like Costco and Sam's Club offer great bargains on bulk shopping (food, clothing, household items, and furniture). These stores require an annual membership fee (for example, Costco is \$35), but may be well worth the drive and fee, especially if you are setting up house from scratch or have a family.

9. Taxes

Multiple taxes will be deducted from your spouse's paycheck: U.S. Government (federal) taxes, State of Ohio taxes, and City of Cleveland taxes. In addition, you may have to pay a tax for your city of residence (if it is other than the city of Cleveland) when it comes time to file your annual income tax returns.

Most of us live in Cuyahoga County where the county tax is 7% on all items except food. The tax varies slightly in other counties and some cities may also impose a city tax. The price listed on an item in the shop does not include tax; this will be added at the register.

10. Television

The system here is not PAL, the one you probably have in your country of origin. It is possible to buy dual televisions and videos, which will play and display both systems; but most people buy a local television and video player and have tapes from home converted. There is no "TV tax" here; basic TV channels are free. Local cable/satellite companies include: Adelphia.com and dishnetwork.com. Ask your real estate agent or landlord for other suggestions/options. The Cleveland Heights/University Heights and Shakers Heights libraries are a great resource for free rental of DVD's/video's---be sure to bring proof of your address (usually a drivers license or a household bill) in order to receive a membership card.

11. Tipping

In general, people in the service industry are paid at or below minimum wage. Tipping is customary and the usual tip is 18% to 20% for anyone who does a service for you (waitress, hairdresser, etc.) and \$1 per bag for anyone who carries your luggage.

12. Travelers' Cheques

Travelers' cheques are not always the easiest way to bring money with you from outside the country. Although they are accepted in most large department stores, and banks will accept them to open an account, it is often difficult to cash more than \$100 at a time at a bank (and it takes about 30 minutes of waiting time). So, we suggest either bring more cash or from a wiser perspective, deposit your travelers' cheques immediately in a bank account. Remember that it will take at least 2 working days to Telegraphic Transfer money from outside the U.S.

13. Social Groups

Every month the HSSA newsletter, the *Stethoscoop*, along with the HSA Newsletter, will be mailed to your home. It is published by the same group, the House Staff Spouses Association, that compiled this publication. You will find good discounts for entertainment and you will be informed of all the dates the group meets for various events. It's a very nice group to enjoy and make friends.

Cleveland has an international women's group. Please contact the Women's Group of Cleveland. P.O. Box 18107, Cleveland Heights, OH 44118 or www.iwgc.org.

14. Medication Prescriptions

Prescriptions from outside the US cannot be transferred to a pharmacy within the US. Bring enough medication to last until you are able to see a physician in Cleveland. It may take a month or longer to receive your medical insurance and prescription cards and associated information. Be patient, and expect the wait—however if an emergency arises, you should be able to still see a doctor within the Cleveland Clinic—just explain your situation.

15. Making a phone call abroad and in the U.S.

Dial '011' then the country code; for example, to call the UK: '011 44 1932 55 55 55'. The regular international long distance rates through your phone company will be very high. Consider signing up for an international calling plan with your phone company, or purchase phone cards focused on your country of origin—ask other international's for help. Definitely shop around.

To make a phone call within the U.S., but outside the area code, dial '1' then the number, area code first.

16. Other Helpful Information

A good thing to do when you arrive is to buy a map of Greater Cleveland. You can find these maps in any

drugstore and you will use it a lot while you are here.

- To change from *Fahrenheit* to *Centigrade*, diminish 32 and then divide by 9/5.

<i>Centigrade</i>	<i>Fahrenheit</i>
-18	0
0	32
20	68
37 (body temperature)	98.6

- One mile is a little over two kilometers; multiply kilometers by .6 to get the miles.
- One pound is approximately one-half kilogram; a kilogram is actually 2.2 pounds.
- One yard is just short of a meter, which is 11/10 of a yard. The U.S. yard is 91 centimeters.
- One U.S. foot is 12 inches, which is 30.4 centimeters.
- One inch is about 3 centimeters (a centimeter is 3/10 of an inch). One U.S. yard is 91 centimeters.
- One quart is almost the size of a liter (the liter is 1 1/10 of a quart). Gasoline is sold by the gallon which is four quarts.
- An ounce is approximately 30 grams. There are 16 ounces in a pound. For measures smaller than an ounce Americans divide the ounce: 1/2 ounce, 1/4 ounce, etc.
- www.xe.com provides very useful monetary conversion (for example: euro to dollars)

II. SHOPPING/SERVICES

A. GROCERY STORES (Be sure to apply for a Preferred Customer Card!)

Heinen's – Locally owned. Several locations throughout East and West sides of Cleveland – www.heinens.com

Giant Eagle - Several locations throughout East and West sides of Cleveland – www.Gianteagle.com

Save-a-lot – Several locations throughout Cleveland

Tops – Several locations throughout East and West sides of Cleveland - www.Tops.com

Trader Joe's – 28699 Chagrin Blvd, Woodmere Village in The Eton Collection near I-271, and on the West side at Crocker Park just off I-90 and Crocker Road.

Wild Oats Market - Chagrin Blvd near I-271 in Village Square.

Zagara Food Market - Locally owned. 2040 Lee Rd., Cleveland Hts. (216) 397-8560

Whole Foods – Coming Soon to Cedar Center!

Fresh Market – Coming Soon to Van Aken in Shaker Heights!

B. SPECIALTY MARKETS – check out www.moderncleveland.com for a complete listing of specialty markets and shops.

Alesci's Italian Grocery. 4333 Mayfield Rd., South Euclid. (216) 382-5100. Great Italian take-out/catering.

Chandler Rudd & CO. 20314 Chagrin Blvd near Warrensville Center Road, Shaker Heights. (216) 991-1300. Specialty grocery store with hard to find gourmet items.

Galucci's Italian Foods. Imported cheese and other foods weekly. Own brand of olive oil. Close to CCF at 6610 Euclid Ave., (216) 881-0045

Honey Baked Ham Company. East and West side locations, see www.honeybakedham.com.

Indo-American Foods. 4614 Warrensville Center Rd., North Randall. (216) 662-0072.

J. Pistone's. Warrensville Center Road in Shaker ... Delicious ... Also does catering ...

Omaha Steaks. La Place Shopping Center, Beachwood.

West Point Market. 1711 W. Market Street, Akron. Worth the drive to Akron's West Side. In addition to an eat-in area, West Point offers a nice selection of gourmet foods, including meats, cheeses, produce, pasta and wine. (330) 864-2151.

C. FARMERS' MARKETS

Food Co-op. 11702 Euclid Avenue, University Circle. (216) 791-3890. Join to take advantage of this fully-stocked health food market.

Miles Farmers' Market. 28560 Miles Road, Solon. (440) 248-5222. Excellent farm fresh produce, cheeses, meats and bakery in a pleasant indoor market setting. Offers special seasonal items such as pumpkins and Christmas trees. Open daily.

Shaker Square Farmers' Market. Shaker Boulevard in Shaker Square, Shaker Heights. Seasonal farmers' market which runs summer through fall on Saturdays until 12:00 PM.

***West Side Market.** Corner of W. 25th and Lorain Avenue, Cleveland. (216) 664-3386. A traditional European-style market with fresh produce, cheeses, meats and baked goods. Partly outdoors during summer months. Call to identify the days they will be open each week, usually Sat-Thurs during all seasons except winter. (This is one of the best markets in Cleveland-it is a must-see!)

D. DISCOUNT/VARIETY STORES (check your phone book for locations)

BJ's. 4365 Richmond Road. (216) 360-0700. Discount warehouse super store carries everything from bulk food and dry goods to electronics to furniture. There is a yearly membership fee.

Costco Mayfield Rd off I-271. Discount warehouse super store extensive variety of items such as bulk foods (dry, fresh & frozen), toiletries, clothing, furniture, electronics, tires, etc.... Quality photo developing at discount price.

K-Mart, Target and Wal-Mart. Chain discount super stores.

Kohl's. Discount clothes, shoes, housewares & toys. Locations on East and West sides.

Marc's. Great prices. Check out lines can be long and timely, and they only accept cash as form of payment.

Marshalls. On the East side at Severance Center and Mayfield Road near I 271, and on the West side at Avon Commons just off I-90.

Pepperidge Farms Outlet. Discounted bakery products. West side location in Westlake on Center Ridge Road.

Sam's Club. Discount warehouse supper store carries everything from bulk food and dry goods to electronics to furniture. There is a yearly membership fee. Great quality and price for photo developing. East and West side locations.

Stouffer Foods Thrift Store. Harper Road, Solon. Sells Stouffer foods at discounted prices. Cases of food available, party sizes for sale too. Open 9:00 am - 4:00 p.m. on weekdays and 9:00 am - 12:00 noon on Saturdays.

TJ Maxx. Discount clothes, shoes, housewares & toys. East and West side locations.

TJ Maxx 'n' More. Cedar Center Plaza. Like TJ Maxx but also includes more home accessories.

Warehouse Beverage. Beer and wine. Mayfield Rd. near Green

E. SHOPPING CENTERS/MALLS

East Side:

Beachwood Place. Cedar and Richmond Roads (west of I-271), Beachwood. (216) 464-9460.

115 high quality specialty stores with a lower-level food court. Department stores: Saks Fifth Avenue, Dillards and Nordstrom's.

La Place. 26300 Cedar Road next to Beachwood Place. (216) 831-3198. Featuring a fabulous Borders bookstore, Caribou Coffee, Pea in the Pod, Williams-Sonoma, several restaurants and the only Pottery Barn Kids in Ohio!

Cedar Center Plaza. Cedar and Warrensville Center Road, University Heights. Outdoor strip of retail business and restaurants, discount stores, a supermarket, Kaufmanns, movie theater, Target, Tuesday Morning, Pier One.

Cedar-Fairmount Area. Corner of Cedar Road and Fairmount Blvd., Cleveland Heights. Russo's grocery store, specialty shops and bookstores, and a variety of restaurants. Also features Jillian's Billiards Club.

Coventry Village. Coventry Road between Euclid Heights Blvd. and Mayfield Road, Cleveland Heights.

An interesting mix of gift shops, coffee shops, and restaurants plus nicely renovated cinema complex.

Eastgate. 1421 SOM Center Road, Mayfield Heights. A large complex of shops, including MicroCenter, Kids R Us, JoAnn Fabrics, Tops, Target, card shop, shoe repair, cleaners, and restaurants.

The Eton Collection. 28699 Chagrin Blvd, Woodmere Village. 24 stores in a glass-enclosed Williamsburg Square. These stores offer sophisticated men's, women's and children's fashions and eclectic gifts in elegant surroundings, and awesome restaurants.

Golden Gate Plaza. Mayfield Road, just west of I-271. Mayfield Heights. Good variety of discount stores from fashions, shoes and linens to crafts. **Bureau of Motor Vehicles and Title Transfer Offices are located here.**

Great Lakes Mall. 7850 Mentor Avenue, Mentor. (440) 255-6900. Really nice mall with 105 stores and restaurants. Department stores: Dillard's, Kaufmann's, JC Penney, Sears. Includes Gymboree store, Disney, Gap and other convenient shopping around the perimeter of the mall. Also has a great in-door play area.

Landerwood Plaza. Pinetree Road at Chagrin Blvd. Circle, Pepper Pike. Knuth Shoes – great shop for unique shoes. Excellent upscale shopping for children's clothes and toys. Heinen's, Playmatters and the Plaid Giraffe.

Legacy Village - Corner of Cedar Rd and Richmond Rd. Newly developed upscale shops and restaurants.

Loehmann's Plaza. 27617 Chardon Rd. at Bishop Road, Willoughby Hills. Strip mall featuring Sam's Club, Marc's, Cinemark Dollar Movie Theater, Giant Eagle, furniture shop and discount shopping stores.

Pavillion. 24055 Chagrin Blvd. between Green and Richmond Roads, Beachwood. (216) 292-7765. Very nice mall including Bed, Bath and Beyond, men's and women's clothing boutiques, CompUSA, Tops superstore, and several good restaurants.

Randall Park Mall. Northfield and Emory Roads, North Randall. (216) 663-1250. Stores of various types. Department stores: Burlington Coat Factory, Dillard's, Kaufmann's, and Sears.

Richmond Mall. Richmond and Wilson Mills Roads, Richmond Heights. (440) 449-3200. 80 stores and restaurants. Department stores: JC Penney, Kaufmann's, Barnes and Noble and Sears. Indoor rides for kids.

Severance Town Center. Mayfield and South Taylor Roads, Cleveland Heights. (216) 381-7323. Tops superstore, Home Depot, Walmart, a movie theater, Marshalls, Borders Books and a beverage store on the premises.

Shaker Square. Shaker and Van Aken Blvds., Shaker Heights. One of the earliest shopping centers in America built in a classical architectural style. Features several great national & specialty stores, restaurants, and a movie theater. There is an RTA train/bus stop location.

Shaker Towne Center. Chagrin Blvd. and Lee Road, Shaker Heights. Features Heinen's, a hardware store, several restaurants and a few discount stores.

Southgate. 20950 Libby Rd. between Northfield and Warrensville Center Roads, Maple Heights. (216) 663-3850.

Van Aken Plaza and Shopping Center. Intersection of Chagrin Blvd, Warrensville Center Road and Van Aken Blvd., Shaker Heights. Features Lerner's, MotoPhoto, Half-Price Book Store, a great bakery, a great outdoor clothing store; a men's store and several good restaurants (Eddie Sand's Blueline Café).

Village Square. 27349 Chagrin Blvd. and I-271, Woodmere Village. (216) 831-5282.

West Side:

Avon Commons. Everything from Ethan Allen furniture and Marshalls to Target, World Market, Heinen's, and Pier One Imports. Also features a Ben and Jerry's ice cream store and Red Robin restaurant. Lots of shopping and eating. Located in Avon Lake just off I-90.

Beachcliff Market Square. 19300 Detroit Road, Rocky River. (440) 333-5074. Upscale specialty shops and restaurants, in particular Heck's Cafe. Under construction, but many shops and restaurants are still open, new shops are coming soon like Ann Taylor Loft!

Crocker Park. Excellent up-scale shopping and dining. Ample garage parking. Just off I-90 at Crocker Road.

Great Northern Mall. 4999 Great Northern Blvd. near Brookpark Road, North Olmstead. (440) 734-6300. 130 nice stores and restaurants. Department stores: Dillard's, Kaufmann's, JC Penney and Sears. Many shops and restaurants around the perimeter of the mall as well. **Bureau of Motor Vehicles and Title Transfer Offices are located here also.**

Parmatown Mall. 7899 West Ridgewood Drive, Parma Heights. (440) 885-2090. Comprehensive mix of retail shops. Department stores: Dillard's, Kaufmann's, and JC Penney.

The Promenade. Detroit and Crocker/Bassett Roads, Westlake. Wonderful mall containing specialty shops,

including a terrific Borders Bookstore, Officemax, Bruegger's Bagel Bakery, Plymouth Candle, many good restaurants, and a 16-theater movie complex.

Rocky River. Various specialty shops and local restaurants located on Detroit Road in Rocky River, just off I-90. This is a great place to take in the Metro Parks and good shopping, easy to walk around and lots to see.

Sheffield Lake. Located in Elyria just off I-90. This shopping area features Sam's Club, a great movie theater with stadium seating, and lots of restaurants.

Downtown:

The Arcade. 401 Euclid Avenue, Cleveland. Specialty shops in a restored 19th Century architectural building.

The Avenue at Tower City Center. Public Square, Cleveland. (216) 771-0033. Great shopping and a fun trip downtown for everyone to enjoy. Features high-fashion stores, specialty shops, restaurants like Hard Rock Café and Morton's Steakhouse, also a food court and movie theaters. Department stores: Victoria's Secret, Gap, Casual Corner, Ann Taylor, and an Abercrombie Outlet. RTA train station in the basement of complex. Ample undercover parking (spend more than \$20 and get your parking validated).

The Galleria at Erieview. 100 Erieview Plaza, Cleveland. (216) 621-9999. Wonderful mix of high fashion and specialty stores, small dining area and a few restaurants.

Factory Outlets:

Aurora Farms. 1 mile South of Route 82 and Route 43, Aurora. 65 factory outlet stores.

Prime Outlets. I-71 and Route 83, Exit 204, Lodi. (888) 746-7563. Over 70 outlet stores. Free stroller rental with a \$5 refundable deposit at the Service Center located by the food court.

Prime Outlets – Grove City, Pennsylvania. Upscale shopping at stores like Coach, Banana Republic, and others. Located in Grove City, PA. Just a short hour and a half drive, and NO SALES TAX!

Sandusky-Lake Erie Factory Outlet Center. Route 250 @ Ohio Turnpike. Numerous factory outlet stores.

F. OTHER SPECIALTY STORES

1. Antiques

Avon. Several shops with quality antiques, folk art and country decor located on Route 254 between Route 83 and Route 611.

Hartville. Huge, year-round indoor flea market (Mondays). Also a few antique stores.

Lakewood. 15 antique stores mainly located on Detroit Avenue between Lakeland and Webb Streets.

Larchmere Blvd., Shaker Heights. Many delightful shops with good quality antiques.

Lorain Avenue. Nicknamed "Antique Row" from West 35th to West 135th.

Medina Antique Mall. 2791 Medina Road, Medina. (330) 722-0017.

Ravenna. 9 antique stores all within walking distance in this quaint, historic town.

2. Appliances (check phone book for alternate locations)

B&B Appliance- 216-261-5600

Circuit City - 1405 S.O.M. Center Rd. Mayfield Hts. 440-442-3495

Snow Brothers- 5528 Mayfield Rd. Lyndhurst. 440-449-2650

HH Greg. 3120 Northfield Road at Miles Road. (216) 510-1000.

Sears. See the aforementioned "Shopping Centers/Malls" for locations.

Snow Brothers. 5107 Wilson Mills Road. (440) 449-2650. Family operated since 1922.

3. Books (check phone book for alternate locations)

Appletree Books. 12419 Cedar Road, Cleveland Heights. (216) 791-2665.
Barnes & Noble. 691 Richmond Rd., Richmond Mall. (440) 720-0374., Crocker Park (440) 250-9233
Borders Bookstore. 2101 Richmond Rd., La Place. (216) 292-2660. Severance Center (216) 291-8605.,
The Promenade (440) 892-7667
Case Western Reserve University Medical Book Store. (216) 368-2650.
Cleveland State University Textbook Store. 2400 Euclid Ave. (216) 687-2128
Borders Outlet. 1607 Golden Gate Plaza. (440) 461-9222.
half.com. Great online source for used books. You can sell your books on this sight too.
Joseph Beth Books. Legacy Village in Beachwood at Cedar and Richmond, (216) 691-7000
Macs Backs Paperbacks. 1820 Coventry Rd. (216) 321-2665.
Mathew's Cleveland Clinic Bookstore. Medical Books. Euclid Ave. across from CCF.

4. Children

Clothing:

Carter's and OshGosh. Aurora Factory Outlet Mall and Prime Outlets in Lodi. (888) 746-7563.
Children's Place. Beechwood Place Mall. (216) 360-9380.
Gymboree. Located in most malls. Great, high-quality children's clothing from layette to size 7.
Gap Kids. Located in most malls. Terrific, high-quality clothing from layette to teenage sizes.
Old Navy. Locations in Mayfield Heights, Woodmere Village, Mentor, and Avon Lake. Gap-style clothing at discount prices for children and adults.
Kids R Us. (check phone book for many locations) Name brand clothing and shoes at lower prices.
Osh Kosh Kids Store. Legacy Village in Beachwood at Cedar and Richmond, (216) 291-8893
Priceless Kids, Inc. 6420 Mayfield Road. Golden Gate Plaza. (440) 995-1919.
Sunbeam Shop for Children. 3469 Fairmount Blvd. (216) 397-3929. A portion of your purchase goes to help the mentally disabled.
Talbot's Kids. Legacy Village in Beachwood at Cedar and Richmond, (216) 382-2576

Resale Children's Stores (gently worn clothes, equipment and toys):

Children's Orchard. 20134 Van Aken Blvd. Shaker Hts. 216-752-0898
Once Upon a Child. Check phone book for locations.

- Mentor. 7537 Mentor Avenue. (440) 951-7222.
- Westlake. 25028 Center Ridge Road. (440) 899-1100.

Toy Stores:

Holcomb's Educational Materials. 3205 Harvard Avenue, Newburgh Heights. (216) 341-3000. Great Northern Plaza, North Olmstead. (440) 777-6616. 1359 SOM Center Road, Mayfield Heights. (440) 449-8650. Educational materials including toys, art supplies, musical instruments, and games.
Imaginarium. Great Northern Mall. (888) 696-5649.
Kay-Bee Toys. Located in most malls.
Playmatters. Shaker Square. (216) 752-3595.
Toys R Us. Check phone book for locations. Toys, books, bikes, games, and baby equipment.

Baby Furniture and Equipment (ask about delivery policy and assembly):

Baby Depot at Burlington Coat Factory. 20801 Miles Road, Randall park Mall. (216) 587-1743.
Baby's – R – Us. Mentor

Bergs. 36212 Euclid Avenue, Willoughby. (440) 946-2374.

USA Baby. 25027 Center Ridge Road, Westlake. (440) 835-9696. 7533 South Center (Route 615), Mentor. (440) 255-8200.

5. Crafts

Studio You. 2180 Lee Rd. Cleveland Hts. 216-401-3052 – Make your own pottery!

And Sew On. 2243 Warrensville Center Road, University Heights. (216) 321-5210. Craft store for supplies and classes. Sales and special shows throughout the year. Sign up for their mailing list for advance notice of sales.

Bilt-Rite Fabrics. 20700 Miles Parkway, Warrensville Heights. (216) 662-7200. Huge selection of home decorating fabrics and notions.

Charlie's Fabric Outlet. 2562 Noble Road, Cleveland Heights. (216) 291-2739. Great buys on drapery and upholstery fabrics. Also window shades and blinds.

JoAnn Fabrics. Check phone book for locations, including new superstore in Hudson. 20 stores in the Cleveland area. Everything for the home sewer, including fabrics, notions, patterns, and accessories.

Michaels. Locations in Mayfield Heights, Mentor, North Olmstead, Avon Lake, and Parma Heights. A large craft store featuring materials for floral, needlework, framing, fabrics, and seasonal decorations. Also offers many fun craft classes.

Pat Catan's. Multiple locations on the East and West sides and great prices.

6. Gifts

SweetModern- Contemporary Furnishings and Gifts. 216-292-1196 (Alessi)

Big Fun. 1827 Coventry. Cleveland Heights. (216) 371-4386.

Brecksville Gifts. 8917 Brecksville Road. (440) 526-8089.

Mulholland and Sachs. 20116 Van Aken Blvd. Chagrin and Warrensville Center Rd. (216) 295-7700

7. Household Goods (check phone book for locations)

Bed, Bath & Beyond. 23949 Chagrin Blvd., Beachwood. (216) 595-1200, The Promenade in Westlake, I-90 and Crocker Road, (440) 899-3192.

Crate and Barrel. Legacy Village in Beachwood at Cedar and Richmond, (216) 297-3500.

Old Time Pottery. 7011 West 130st., Parma Heights. (440) 842-1244.

Pier 1 Imports. 13990 Cedar Road, University Hts. (216) 321-8733. Avon Commons, I-90 at Avon Lake, (440) 937-4540. Great Northern Arcade at I-480 and Great Northern Blvd., (440) 686-1298. Rocky River at Center Ridge Road, (440) 331-2181.

Target. S.O.M Center Road in Eastgate Plaza and Warrensville Center Road & Cedar Road. Avon Commons at I-90 and Avon Lake. Rocky River at Center Ridge Road.

Tuesday Morning. 13908 Cedar Road, University Hts. (216) 371-8520.

Wal-Mart. Severance Center, Avon Lake at I-90 in Avon Lake. Brookpark at I-480 and Tiedeman Road.

World Market. 1565 Golden Gate Plaza. Mayfield Road. (440) 449-9297. 35822 Detroit Rd. at Avon Commons at I-90 in Avon Lake, (440) 937-2100.

Z-Gallery. Legacy Village in Beachwood at Cedar and Richmond, (216) 381-1200

8. Hardware (check phone book for locations)

Seitz Agin Hardware. Lee Rd Cleveland Hts. 216-321-4630

Do It Yourself Home Warehouse (DIY). 4601 Northfield. North Randall. (216) 587-3222.

Dunn Hardware & Home Center (10% off with CCF badge). 5092 Mayfield Rd., Lyndhurst. (216) 291-5420.

Home Depot (Severance Center or Wilson Mills near I 271)

Shaker Hardware. 17111 Chagrin Blvd. (216) 921-1244.

True Value Hardware.

South Euclid Hardware. 4442 Mayfield Rd. (216) 382-4466. Owned by the wife of South Euclid's mayor.

Copyright 2006 Cleveland Clinic House Staff Spouse Association

9. Men's Specialty Store

Brooks Brothers. Beechwood Place Mall. (216) 292-6852., Tower City Downtown (216) 781-9800
Joseph A. Banks Clothiers. 20040 Van Aken, Shaker Heights. (216) 921-6600. Legacy Village (216) 382-9055
The Men's Warehouse. See phone book for listings. Golden Gate Plaza. Mayfield Heights.
Talbot's Men. Legacy Village in Beachwood at Cedar and Richmond, (216) 291-4154
Ticknor's. Beachwood Place

10. Maternity

Mimi Maternity, Pea in the Pod. Beachwood Place Mall. (216) 839-1680.
Motherhood Maternity. Beachwood Place Mall. (216) 514-8828.

11. Sporting Goods

Dick's Sporting Goods. 6235 Wilson Mills. (440) 449-9199. Legacy Village in Beachwood, (216) 706-9400. Great Northern Mall, I-480 and Great Northern Blvd., Crocker Park, Westlake, (440) 835-3723
Backpacker's Shop - Ohio Canoe. 5128 Colorado Ave., Sheffield Village. (440) 835-0861.
Play It Again Sports. www.playitagainsportsohio.com. Sells used sporting equipment.

G. SERVICES

1. Cleaners/Alterations

D.O. Summers. (multiple locations around Cleveland) Check phone book for additional cleaners.
Dryclean USA. 14437 Cedar Road, South Euclid. (216) 382-2774. Great job on patching holes in jeans.
Pat's Cleaners. Various West side locations, affordable and always take multiple coupons. See phone book for locations.
Reehorst Cleaners. West side locations in Westlake, North Olmstead and Rocky River. Great place.

2. Dentists— Based on survey results of residents/fellows. Check the Cigna website to find local providers: www.cigna.com this will also give information about coverage.

Laura Adelman, DMD. 3641 Lander Rd. Cleveland, Oh 44124. (216) 464-7654. Great pediatric dentist.
Richard Adelstein, DDS. 3401 Richmond Road. (216) 591-1161.
Trudy Amstadt, DDS. 3690 Orange Place. Beachwood. (216) 595-1420. Great with kids.
James Bashaw, DDS. 2460 Fairmont Blvd. (216) 791-0200.
William Bennet, DDS. 2650 Dover Center Rd., Westlake OH., (440) 835-2121
Case Western Dental School. If you have the time, it can save 50% on services. (216) 368-3200.
Gregory Cook, DDS. 3365 Richmond Road. Beachwood. (216) 831-1816.
Walter Dimling, DMD. 3690 Orange Place. Beachwood. (216) 464-0500.
Jerome L. Faist, DDS. 3690 Orange Place Dr. #515 Beachwood. (216) 464-2448.
Christina Gitto, DDS. CCF. (216) 445-1215.
Benjamin Hornstien, DDS. The Center for Advanced Dentistry, Beachwood. (216) 595-1710
Steve Katzel, DDS. 5 Severance Center. (216) 381-0628
Jungnam E. Kim, DMD. 7543 Broadview Rd. #2, Sevenhills. (216) 642-1313
Rockside Family Dental. 6132 West Creek Road. (216) 524-8481.
Vera Then, DDS. 6151 Wilson Mills Road. (440) 473-0035.

3. **Hair Stylists** - Based on survey results of residents/fellows.

EAST SIDE -

Best Cuts. 4513 Mayfield at Green. (216) 381-5655. Inexpensive. Great for kids.
David Roberts Studio. 20122 Chagrin Blvd., Shaker Heights. (216) 752-4220.
Funke Hair, Body & Soul –(216)-464-3811. 28001 Chagrin Blvd. Next to Eton Collection.
Hair In Motion- Little Italy- (216)-721-0095
Hairkeepers, Inc. 824 SOM Center Road, Mayfield Village. (440) 449-4848.
Hilltop Barber Shop. Men and kids. 5214 Wilson Mills. (440) 449-5115.
Joe Sgro Barber Shop. 3237 Warrensville Center Road. (216) 295-1092. Great for Men and boys.
Ladies & Gentlemen- Legacy Village (216)-291-0489 Full Service Salon & Spa
Laura Lee Salon. 1797 Coventry Road. (216) 371-9607. Great cuts.
La Barbaria di Laura. 12115 Mayfield Road. Little Italy. (216) 231-7474
Richard Carla. 2263 Warrensville Center Road. University Heights. (216) 371-9585.
Sausilito. La Place. Richmond Road.(216) 591-9010. Great for Children and Women.
Stefano's. The Green's of Lyndhurst. 5676 Mayfield Rd. (440) 461-0711.
Studio Taylor on Fairmount. 3463 Fairmount Blvd., Cleveland Heights. (216) 397-9643.
Tano Salon- (216)-831-7880 24225 Chagrin Blvd Beachwood, OH
Tommy's Studio for Hair. 29001 Cedar Rd. at Brainard. Lyndhurst. (440) 473-9620.
Young's Hair Shop. 4826 Pearl Road. Cleveland. (216) 661-3330.

WEST SIDE –

Shear Perfection. Parma. (440) 843-6868. Great service and prices on haircut and highlight.
TCG. 11635 Clifton at West 117th. Lakewood. (216) 228-6555.
Charles Scott. (440) 899-1957, 30239 Detroit Road, Westlake, OH 44145, and (440) 333-7994, 19025 Lake Road, Rocky River, OH 44116
Dino Palmieri. Westgate Mall, Great Northern Mall, Cedar Road, La Place—check phone book for closest location and phone.
Bella Capelli Sanctuario Salon and Spa (Aveda Salon). 24350 Center Ridge Road, Westlake, (440) 899-1225 (also additional locations)
Rometrics Salon and Spa (Aveda Salon). 26155 Detroit Road, Westlake (440) 808-1391
Alto Capelli. 15711 Detroit, Lakewood, (216) 228-0606
Spa West. 29209 Center Ridge Road Westlake, (440) 684-2151

4. **Babysitters** -- Ask other residents/fellows for recommendations.

5. **Banks.** Although the ATM machines on the CCF campus are primarily Key Bank, they no longer offer free checking. Several banks in town do offer free checking with direct deposit for paychecks. National City Bank has perks such as these for CCF residents (Ask for a "Works Account"). In addition, they have three ATM machines on the CCF campus.

National City- www.National-city.com

Fifth Third Bank- www.53.com

Charter One Bank- www.Charterone.com

Ohio Savings Bank- www.Ohiosavings.com

Key Bank- www.Keybank.com

Dollar Bank- www.Dollarbank.com

Star Bank- www.Starbank.com

6. Automotive Care

All Auto and Tire. 22781 Shore Center Drive, Euclid. (216) 289-0668.
Alternative Solutions. 3203 Mayfield Road, Cleveland Hts. (216) 371-0801.
Ben's Auto Body Specialists. 8514 Carnegie Road near CCF. (216) 795-2700.
Conrad's. Various Locations East and West sides.
Ellacott Shaker Subaru. 4459 Northfield Road. Warrensville Hts. (216) 475-3444.
Firestone. 12420 Cedar Road. (216) 229-2550.
Gene's Marathon. 2561 Edgemoor Road, Cleveland Hts. (216) 321-6110.
Honda Motorcars. 2950 Mayfield Road. (216) 321-9100.
Isuzu Dealership. 38809 Mentor Ave., Mentor. (440) 951-1100. Poor Service at Berea location.
The Lusty Wrench. 2120 Lee Road. Cleveland Hts. (216) 371-8150.
Metro Toyota. Brookpark Road at I-480 and Tiedeman Road. (216) 267-7000
Midas. 3600 Lee Road. (216) 991-3900. Good, inexpensive, fast brake work. *They also offer services to CCF employees complete with car pick-up and drop-off at CCF. Very convenient. Call (216) 391-2919 for details.
Oh's Auto Service. 1789 South Taylor Road, Cleveland Heights. (216) 321-3134.
Pete Baur Oldsmobile/GMC Truck. 424 Broadway, Bedford. (440) 439-1000.
Procure. 14441 Cedar Road. (216) 381-6527.
Putka Brothers Service Center. 3746 Lee Road, Shaker Heights. (216) 283-1666. Forty years in the business. Very honest. Complete service foreign and domestic.
Saturn & GMC dealership. 27000 Lorain, North Olmstead. (440) 777-8883.
Sharp Auto Care. 2925 Mayfield. (216) 321-1500.
Tuffy's. Various locations East and West Sides.
Toyota on the Heights. 2950 Mayfield Road. (216) 321-9100. Fresh cookies in waiting area and play area.
Washington & Lee Service. 2080 Lee Road, Cleveland Heights. (216) 371-2850. Complete service foreign and domestic. AAA approved repairs.
Goodyear Tire. 6420 Mayfield Road. Golden Gate Plaza. (440) 461-1220. Great location to wait on car service due to shops and restaurants in Plaza.

7. Home Care

Chimney and Stone Repair. St. Clair Chimney Co. (216) 752-9000.
Custom Hardwood Floors. (216) 694-3004
D & H Painting Associates. Interior Exterior & Remodeling. Bob (216) 249-5150 J.R. (216) 921-2310
Deck and garage construction/repair. Centurion Company. Jeff Robertson. (440) 446-1348.
Flooring Installation (Pergo, etc.). Centurion Company. Jeff Robertson. (440) 446-1348.
General Construction/ Roofing. HAC Construction. Amish Construction Crew. Contact answering service at (440) 632-5808 or Jim Crofford at (330) 883-7312
Gutters. J. Paul's Roofing and Gutters. John Paul (440) 461-9489.
H.E.L.P. Electrician - (440) 227-6117 e-mail: helpelectric@attbi.com
Hardwood Floor Service. Klen Tech Service. Morris Johnson (216) 663-9330.
Plumber. AC Plumbing Heating and Mechanical. Tony Carusso (216) 831-1719.
Roofing. J. Paul's Roofing and Gutters. John Paul. (440) 461-9489.
South Euclid Hardware. 4442 Mayfield Rd. (216) 382-4466 Excellent with plumbing and wiring.
Window Replacement. Centurion Company. Jeff Robertson. (440) 446-1348.
Tree Service. Bob Montgomery. (216) 371-9331.
Wallpaper. Abby Robertson (440) 446-1348.

8. Financial Planners

Sean Grandstaff - American Express Financial Advisor

(216) 464-3220 ext.223 or email: sean.m.grandstaff@aexp.com

The Hantz Group. Full service financial planning, investment brokerage, and consultation. Very familiar with CCF and their retirement/investment options. Check www.hantzgroup.com for nearest location. They also frequently give presentations at the Main Campus.

III. THINGS TO DO

A. ACTIVITY RESOURCES AND INFORMATION

CCF - House Staff Spouses Association. Our monthly newsletter of events will come to your home address. It will be addressed to the resident. We sponsor social events, sporting events, family fun, gourmet club, book club and much more! If you do not receive our newsletter in July, please call the Education Department to update your address. (216) 445-6363.

Cleveland Convention and Visitors' Bureau. 3100 Terminal Tower, Cleveland, 621-4110 or 1(800) 321-1001. Call to receive an excellent, free publication titled "*The Greater Cleveland Official Visitors' Guide*" or check them out online at www.travelcleveland.com.

Ohio Travel Information. Call 1(800) BUCK EYE = 1(800) 282-5393 or www.ohiotourism.com. Call to receive several free pamphlets on travel throughout Ohio.

Cleveland Discovery Guide is a book strongly recommended for those with families. It has invaluable information regarding places to visit, cost, hours of operation, directions and phone numbers. Available at local bookstores.

"Friday!" section of the Friday Plain Dealer newspaper. Excellent resource for upcoming events, family activities, storytimes, nightlife, festivals, concerts, etc. in the Cleveland area. They are online at www.cleveland.com.

Cleveland Parent and **Cleveland/Akron Family Ties.** Free monthly publications found in bookstores, YMCA's, community recreational centers and pre-school/nursery schools. They are online at www.clevelandparent.com.

Local community/recreation centers. Call and request seasonal recreational brochures. Classes are offered for toddlers to adults and include many topics such as: cooking, fitness, sports, computers, crafts, summer camps, language, business, etc.

Welcome Wagon – Shaker Heights. Call Coyne Quinn at (216) 561-8213. Contact them to meet other people in the Shaker Heights area. They have many activities planned and babysitting is usually provided.

Ohio Motorists Association - AAA. AAA provides maps and tour guide books for camping and sightseeing, as well as travel agent services. Check them out at www.aaa.com.

- Main Office: 6000 S. Marginal Road, Cleveland, 44103, (216) 416-1912.
- East Side: 5356 Mayfield Road, Lyndhurst, 44124, (440) 473-0700 (in Power Plaza).
- West Side: Promenade of Crocker Park 30235 Detroit Road, Westlake, (440) 788-3102.

University Circle. (216) 791-3900. www.universitycircle.org . Publishes a calendar of events. Must do events include: June – Parade the Circle Celebration and December – University Circle Fest. Try a picnic by the lagoon.

B. SIGHTSEEING TOURS

Goodtime Cruise Line, Inc. 825 E. 9th Street Pier, Cleveland, (216) 861-5110. www.goodtimeiii.com. The Goodtime III cruises the Cuyahoga River and Lake Erie from June through September. It is the largest triple-deck 1,000 passenger luxury ship on the Great Lakes. Daily trips are offered Monday through Sunday and last approximately two hours. Luncheon, dinner and specialty cruises are also available. Features include: catering, air-conditioned/heated main deck, lounge and pub, custom arrangements for your event.

Nautica Queen. 1153 Main Avenue, Cleveland, (216) 696-8888. www.nauticaqueen.com.

Experience a view of Cleveland's skyline aboard this ship. Offers special Easter Sunday and New Year's Eve cruises. Full lunch, brunch and dinner menus. Amenities similar to the Goodtime III.

Trolley Tours of Cleveland. 2000 Sycamore Street, (216) 771-4484. www.lollytrolley.com. "Lolly the Trolley" will take you on a fun tour of Cleveland and almost anything else you want to see. Tours last one or two hours and depart from the Powerhouse in the Flats. Special tours for children.

C. AMUSEMENT PARKS

Check with the CCF Hospital Cashier's Office for possible discount tickets.

Cedar Point Amusement Park. Sandusky, OH (1- 1/2 hours west). (419) 627-2350. www.cedarpoint.com. Rated best amusement park in the world. Located on Lake Erie beach featuring 55 rides (including 11 roller coasters), live shows, and other attractions. Large children's area with 16 rides. Adjacent is Soak City Water Park and Castaway Bay Indoor Waterpark Resort. The park is open April through October.

Memphis Kiddie Park. 10340 Memphis Avenue, Brooklyn. (216) 941-5995. www.memphiskiddiepark.com. Small amusement park, specifically for young kids. Open mid-April through mid-September.

IX Center Indoor Amusement Park. (near the Cleveland Airport). (216) 676-6000. www.ixindooramusementpark.com. Rides for kids of all ages, video arcades, petting zoo and a miniature golf course are among the parks popular attractions. Open for 3-4 weeks each spring (usually April).

Good Times. 33777 Chester Road, Avon. (440) 937-6200. Indoor bumper boats, batting cages, golf and race cars open year-round and outdoor Family Fun Center open March through September.

Geauga Lake and Wildwater Kingdom. 1060 North Aurora. Aurora, OH (45 minutes southeast). (330) 562-7131. www.geaugalake.com. Over 100 "wet" and "dry" attractions including roller coasters, lake cruises, wave pool, water slides, and live entertainment. There are 2 playgrounds, kiddie rides and Turtle Beach Water Play Area for children of all ages. Open May through September.

Swings-N-Things. 8501 Stearns Road, North Olmstead. (440) 235 4420. www.swings-n-things.com. Popular destination for older school-age kids. Both indoor and outdoor activities. Open year round.

Brookpark Fun & Games Emporium. 6770 Brookpark Road, Cleveland. (216) 351-1910. Indoor play area, miniature golf, go carts and batting cages. Open year round.

Idlewild Park & Soak Zone. Route 30. Ligonier, Pennsylvania (3-1/2 hours east). (724) 238-3666. www.idlewild.com. This family amusement park is located 50 miles east of Pittsburgh and well worth the drive. Admission includes entrance to Mr. Roger's Neighborhood, storybook forest, a water park, playground and lots of great rides for all ages. Open May - October.

Fun-N-Stuff. 661 E. Highland Road, Macedonia. (330) 467-0820. www.fun-n-stuff.com. Roller skating, miniature golf, game arcade, laser tag, Kids World, etc. Open year round.

Dave and Busters. Westlake at I-90 and Columbia, 25735 1st St, Westlake. (440) 892-1415. www.daveandbusters.com. This is an adult-arcade and game center with bars and restaurants. Very fun!

D. INDOOR PLAYGROUNDS (includes climbing and play areas for younger children (under 12), also separate toddler areas:

Jumping Jolly Jammers. 10333 Northfield Road, Bedford Heights. (330) 908-3991.

E. WATER PARKS

Dover Lake Water Park. 1150 W. Highland Road, Northfield. (330) 467-7946. www.doverlake.com.
Open June to August.

Pioneer Waterland. 10661 Kile Road, Chardon. (440) 951-7227. www.pioneerwaterland.com.
Open June to September.

F. NATURE/OUTDOOR RECREATION

Cleveland on Foot by Patience Wilson Cameron is an excellent resource detailing area Metroparks, nature preserves and historic neighborhoods. \$14.95

Cuyahoga Valley National Recreation Area. Brecksville (1/2 hour south). (800) 445-9667.
www.nps.gov/cuva/home.htm. 22 miles of park land between Cleveland and Akron. Multi-use trails, picnic areas, children's playgrounds, lectures, and special events. A popular summer event is the Cuyahoga Valley Festival in August. Visitors may want to begin at either the Happy Day Visitors Center or the Canal Visitors Center.

Cleveland Metroparks System. (216) 351-6300. www.clemetparks.com. Open year round.
The Metroparks System was established in 1917 to ensure public access to open spaces and conserve the many natural valleys of this area. More than 19,000 acres of 12 reservations surround Cleveland like an "Emerald Necklace". Recreational, educational and historical activities are available to suit people of all ages. Maps and Metropark events are available at any nature center or by mail. These parks are definitely worth discovering.

- **Nature Centers Locations:** Brecksville, Garfield Park, Rocky River, North Chagrin and CanalWay Reservations.
- **Golf Course Locations:** Rocky River, North Chagrin, Bedford and Brecksville Reservations. Online tee reservations are available.
- **Swimming Locations:** Hinckley, Huntington, and Wallace Lake Reservations
- **Cross Country Skiing Locations:** All
- **Tobogganing Locations:** The Chalet at Mill Stream Reservation
- **Roller Blade Rental Locations:** North Chagrin

Holden Arboretum. 9500 Sperry Road, Kirtland. (440) 946-4400. www.holdenarb.org.
Open year round (closed Mondays). This is the largest arboretum in the United States with over 3,100 acres of natural woodlands, display gardens and ponds. Enjoy beautiful plant collections, spectacular fall color, winter splendor, and observe the production of maple syrup.

Lake Erie Nature and Science Center. 28728 Wolf Rd., Bay Village (Huntington Reservation). www.lensc.org.
Terrific exhibits, planetarium, outdoor animal area and trails. Year round nature programs for children and adults.

The Nature Center at Shaker Lakes. 2600 South Park Rd., Shaker Heights. (216) 321-5935. Offers outstanding children's programs, ages 2 1/2 to 10, year round. Classes fill rapidly. Call for details.

Beaches. (lifeguards on duty daily in season): Most of these beach areas have fishing, playgrounds, picnic areas, and special events. Call or go online at www.dnr.state.oh.us for more information.

- **Edgewater Park.** Cleveland. (216) 881-8141.
- **Headlands Beach State Park.** Mentor. (216) 881-8141.
- **Fairport Harbor.** (800) 227-PARK.
- **Huntington Beach.** Bay Village, just off Lake Blvd. Has picnic areas and life-guarded beach as well as the Honey Hut ice cream stand.

G. WINTER RECREATION

Downhill skiing/snowboarding:

Boston Mills / Brandywine Ski Areas. Boston Heights, Cuyahoga Valley National Recreation Area. (800) 875-4241. They have 19 trails, snow making ability, rentals and lessons for ages 3 and up. www.bmbw.com.

Alpine Valley Ski Area. Chesterland. (440) 285-2211. Six trails, snow making ability, rentals, and lessons for ages 4 and up. www.alpinevalleyohio.com.

Cross Country skiing:

All Cleveland Metroparks. (216) 351-6300. www.clemetparks.com. Multi-purpose trails and with a 4" snow base. Skiing is permitted on 4 golf courses: Shawnee Hill at Bedford; Sleepy Hollow at Brecksville, Big Met and Little Met at Rocky River. **Cuyahoga Valley National Recreation Area.** (800) 257-9477 Happy Days Visitor Center. Must have at least 6" of snow. They also rent snowshoes. www.dnr.ohio.gov.

Punderson State Park. Route 87, Newbury. (800) 282-7275. Twelve acres of groomed trails, rentals and lessons.

Tobogganing:

The Chalet at Mill Stream Run Reservation. (440) 572-9990. Two refrigerated 1,000 foot ice chutes guarantee a day of fun and thrills. Chutes operate with or without snow from late November through February. Facility nearby with fireplaces, snacks, TV and gathering room. Children must be accompanied by an adult and be at least 45" tall to ride. Gloves/mittens required.

Sledding:

All Metroparks Reservations except Bradley Wood and Garfield Park. Nearby Lake County (East) (800) 227 PARK and Lorain County (West) - (800) LCM-PARK.

H. DAY TRIPS

Amish Country. Berlin, Sugar Creek and Walnut Creek. (1-1/2 hours southwest of Cleveland). The largest Amish population in the U.S. is here in Ohio where visitors can see the Amish way of life, producing most of what they need without the benefit of electricity or modern machinery. Tour Amish farms, visitor shops, bakeries and cheese factories. Very crowded during the summer months. Most things are closed on Sundays. To receive information, call: Tustarawas County –*Sugarcreek and Dover*. (330) 364-5453. Holmes County - *Berlin and Walnut Creek* - (330) 674-3975.

Yoder Amish Home. Route 515, Millersburg. (330) 893-2541. Buggy ride tour gives overview of the Amish life.

Burton Village. East of Cleveland on Route 87. (440) 834-1119. A major point of interest for special events, including the Geauga County Fair in September, an outdoor antique flea market in June and September, and the Maple Sugar Festival the weekend after Easter. This festival is great fun and we are told the best pancakes are at the high school. Burton town square is home to a few antique stores, specialty shops, and a unique wooden toy store (Childshop). Stop by the log cabin for information.

Middlefield. Home to America's third largest Amish community. So while in Burton, drive a little further to Route 608 and catch a glimpse of Amish horse and buggies. Also a cheese factory, Amish bakery and antique store.

Chagrin Falls. Follow Chagrin Blvd. east from I-271 (30 minutes southeast). (440) 247-6688. A quaint community with interesting shops, parks, and excellent restaurants. Site of the Chagrin River Waterfall. This is a popular and

lively place, not to be missed! Check out Chagrin Falls Inn for a romantic weekend get away.

Cleveland Metroparks Zoo. 3900 Brookside Park Drive, Cleveland. (216) 661-6500. www.clemetzoo.com/ One of the oldest zoos in the country. Open daily from 9:00 am - 5:00 p.m. except December 25 and January 1. Has a wonderful **Rainforest** building with more than 600 animals in realistic habitats. Free on Mondays from 9:00 am - 12:00 noon for Cuyahoga County residents (bring proof) and the Rainforest is at a discounted price.

Cuyahoga Scenic Railroad. (330) 657-2000 or (800) 468-4070. <http://www.cvsr.com/index.shtml>. Offers scenic rides on historic diesel locomotives through the Cuyahoga Valley. There are several routes to choose from. Among the most popular are the fall color train in October and the Polar Express in November/ December. Make your reservations early for the tickets sell out quickly. Runs late April through December.

Dankorona Winery and Lounge. 155 Treat Rd., Aurora. (330) 562-9245. www.dankoronawinery.com/. Open Wednesday through Saturday. Dart Night on Wednesdays. Games Night on Thursday. Fish Fry on Fridays. Excellent wines. Outdoor barbecues in the summer.

Geneva, OH. www.genevaohio.com/ 45 minutes drive up I 90. Check out Ferrante's Winery. Good food and wine.

Hale Farm and Village. Bath. (45 minutes southwest). (330) 666-3711 or (800) 589-9703. <http://www.culture.ohio.gov/project.asp?proj=hale> A working farm and village, depicting life in the mid 1800's. Displays of candle making, blacksmiths, steam saw mill, etc. Open June through October. Call for hours, admission charges and off-season events (maple sugaring in February/March, spring fair in May).

Hudson. (45 minutes south). A small, picturesque New England-style town. Main Street is quaint and lined with several specialty stores, including a drug store which has an old-fashioned lunch counter serving ice cream. Don't miss Marcelita's Mexican Food Restaurant.

Lake Erie Islands. (1-1/2 to 2 hours west). A favorite vacation and recreational spot for locals. The islands feature unique stores, bike riding, fine dining museums, bird watching, parks, wineries and exciting nightlife. Most attractions are seasonal (May - Oct). For more information call: *Kelley's Island.* (800) 255-3743. (Erie County Visitors Bureau). *Put-in-Bay/Middle Bass Islands.* (800) 441-1271. (Ottawa County Visitors Bureau). *Pelee Island.* Remote, quiet island in Ontario, Canada. (800) 661-2220.

Lake Farmpark. 8800 Chardon Road (Route 6), Kirtland. (45 minutes east). (800) 366-FARM. Open year round. This 235-acre farm makes a wonderful family outing to see animals and exhibits about life on the farm. There are several special events year round, so call for calendar of events.

Malley's Chocolate Factory. 13400 Brookpark Road, Cleveland. (216) 362-8700. Tour the kitchen of Malley's Candies, hear the story of chocolate and taste delicious samples. Reservations needed for tour.

Mapleside Farms. 294 Pearl Road, Brunswick. (330) 225-5576. This 4,000 tree apple orchard surrounds a 300-seat restaurant, apple house, bakery and ice cream parlor. Tours of apple packing and grading, storage and cider mill available. No admission charge, open year round, closed Mondays.

Marblehead. Best known for its photogenic lighthouse and a lakefront full of artists studios and intriguing shops. Nearby is scenic downtown **Port Clinton**, one of the areas most popular fishing ports.

Ohio Central Railroad. 111 Factory Street, Sugarcreek. (330) 852-4676. One hour steam train trip through Amish Country. Runs Spring through Fall.

Patterson Fruit Farm. 11414 Caves Road, Chesterland. (30 minute northeast). (440) 729-1964. Pick your own fruit: strawberries in June, apples in September/October. Family Fun-Fest during October which makes a great outing with the kids.

Rosby Bros. Greenhouse and Berry Farm. 42 East Schaaf Rd., Brooklyn Heights. (216) 398-1951. Pick your own fruit including red raspberries (until first hard frost) and strawberries in June.

Terminal Tower Observation Deck. 50 Public Square, Downtown Cleveland. (216) 621-7981. Open year round. Call for open hours - weekends only. This observation deck offers a spectacular 360-degree view of the city. Fun to do on a clear day.

I. LONG WEEKEND TRIPS

AAA is a good place to obtain maps and tour books. We recommend you keep a map of Cleveland and the state of Ohio in each car for handy reference. Also call 1-800-BUCKEYE for visitor/tourist information statewide.

Chautauqua County, New York. 140 miles away. www.tourchautauqua.com; (800)-242-4569. All season recreational paradise and resort/area. Jazz fest in September and Wineries.

Columbus, Ohio. City Center Mall, Columbus Zoo, Ohio State Fair, Ohio State University, State Capital and area castles

Dayton, Ohio. 220 miles away. Sunwatch Indian Village/Archaeological Park (937)268-8199, www.sunwatch.org. Casillion Historical Park explores Dayton's history from founding in 1796 to WWII.

Niagara Falls, New York. 220 miles away, about 3 ½ hours NE. Recommend staying on the Canadian side of the Falls (more scenic, more to do and less expensive accommodations). (800) 338-7890. Also check out Niagara-on-the-Lake which is about 15 miles from the Falls (quaint town) and the Butterfly Conservatory at the Niagara Parks Botanical Garden (905) 358-0025. More information is also available through the Canadian Tourist Information Center – (800) 563-2557. Be sure to bring your proof of U.S. residency (green card/visa) or citizenship (passport or birth certificate and ID) for the U.S. border crossing. Hotels may offer good packages off-season/winter. <http://www.niagaraparks.com/>, <http://www.infoniagara.com/>

Ohiopyle State Park, Ohiopyle, Pennsylvania. 195 miles away. www.laurelhighlands.org, (724)238-5661. Offers natural waterslides and hiking.

Pittsburgh, Pennsylvania. About 2 hours east. Carnegie Science Center, Kennywood Amusement Park, Station Square and the Ikea Furniture Store.

State Parks. Over 72 parks offering hiking, fishing, camping, boating and cold weather activities.

Toronto, Canada. About 5 hours away. Great shopping, markets, lively nightlife and theater.

J. MUSEUMS

Museum of Contemporary Art Cleveland (MOCA). 8501 Carnegie Ave., Cleveland. (216) 421-8671. Adjacent to The Cleveland Play House, this non-profit institution is committed to presenting new and experimental art by international, national, and regional artists. Gallery talks are presented on a regular basis and free guided tours of exhibitions are available by appointment and every Saturday at 3pm. The Center offers an art sales and rental service and has a fun gift shop. Cost \$4 non-member, \$3 for students and seniors, FREE for children 12 years and under. FREE Fridays.

Children's Museum of Cleveland. 10703 Euclid Ave., University Circle. (216) 791-5437. This museum offers a multi-sensory, creative learning environment with permanent and changing exhibits. A fun place to play during the winter months! Caregiver and child classes offered. Hours: Tue.-Sat. 10:00 a.m.-5:00 p.m.; Sun. 12:00 p.m.-5 p.m.; Closed Monday. Admission: Infants 11 months & under- FREE, All others \$6.

Copyright 2006 Cleveland Clinic House Staff Spouse Association

www.clevelandchildrensmuseum.com

Health Space Cleveland. 8911 Euclid Ave., Cleveland (across from CCF). (216) 231-5010. The first of its kind in the nation, this internationally acclaimed museum has more than 200 exhibits relating to the human body, quite a few of which are interactive. www.healthspacecleveland.org

The Cleveland Museum of Art. 11150 East Boulevard, University Circle. (216) 421-7340. This internationally known museum offers an extensive permanent collection of masterpieces from all cultures and periods. Traveling exhibitions, music recitals, and dance performances are also regularly featured. The museum is closed for renovations Jan- July 2006 (see below). Check the website for new ticket information and hours.

www.clevelandart.org.

****Cleveland Museum of Art Expansion/Renovation—More Info:**

The Cleveland Museum of Art is taking on a massive renovation and expansion project. This is a \$225 million project, which will increase gallery space by 54,000 square feet, add a gracious public entry from East Boulevard and a new sculpture garden. In addition, the museum will create a new atrium by covering the existing sculpture garden with a glass roof. Galleries and public spaces will offer new visitor amenities, plus an additional 650+ parking spaces, an expanded café, a fine dining restaurant, and a new family and media center with interpretive exhibits and activities.

The Cleveland Museum of Natural History. 1 Wade Oval, University Circle. (216) 231-4600. Features the history of mankind and the natural world, a Planetarium (call for specific hours) and live animals indigenous to the area. Many terrific, visiting exhibitions. A large gift shop. Open: Monday through Saturday 10am - 5pm; Wednesday, Sept. through May 10am - 10pm, June through Aug. 10am - 5pm; Sunday 12pm -5pm. Cost: Members and children 2 and under are free, children 3-6 \$4.50, children 7-18 and seniors \$5.50, adults \$7.50. www.cmnh.org

Cleveland Botanical Gardens. 11030 East Boulevard, University Circle. (216) 721-1600. A complex of beautiful flower and herb gardens surrounding a building which houses and extensive book and video library, exhibition halls, and a lovely gift shop. There are frequent talks, luncheons, children's activities, and special displays. The Center may give gardening and landscaping advice over the phone, or send a professional to your home. Winter Hours (Nov. 1-April 1): Tue.-Sat. 10-5, Sunday 12-5, Closed Mondays. Summer Hours (April 1- Nov. 1): Monday-Saturday 10-5, Sunday 12-5. www.cb花园.org

The Great Lakes Science Center. 601 Erieside Ave., Downtown. (216) 694-2000. America's 9th largest interactive science museum. Offers 300 exciting, "hands-on" exhibits, the Omni Max theater and 2 restaurants. Open daily (closed Thanksgiving and Christmas Day) 9:30-5:30 (hours subject to change) www.greatscience.com.

National Inventors Hall of Fame. 221 South Broadway St., Akron. (330) 762-4463.

This museum celebrates the inventors who created the things that shape our everyday lives. Discover the inventor in you through interactive exhibits that will stimulate your imagination and creativity. Open: Wednesday-Saturday 10-4:30. Cost: Adults \$8.75, Under 18 \$6.75, Family Ticket \$29. www.invent.org.

Pro Football Hall of Fame. 2121 George Halas Dr., Canton. (330) 456-8207. A large Hall of Fame complex consisting of twin enshrinement halls, fan-activated devices, a movie theater, and a store. Open: 9am - 5pm every day except December 25. Memorial Day-Labor Day 9-8 Cost: \$15 adults, under 14 \$7.50, seniors 62 and over \$12, family price of \$45. www.profootballhof.com.

Rock and Roll Hall of Fame and Museum. 1 Key Plaza, Cleveland. (216) 781-7625. Located at E. 9th St. and Erieside Ave., overlooking the Cleveland waterfront. Designed by I.M. Pei, this structure is hard to miss. Housed inside this huge glass pyramid are some of Rock and Roll's finest artifacts including clothing, instruments, music, and much more. The museum store sells music and memorabilia. There is a snack bar on the 3rd floor. Open: 7 days a week 10am - 5:30pm, Wednesdays and Summer Saturdays until 9pm. Cost: \$20 adults, \$14 seniors 60 and over, \$11 ages 9-11 and children under 8 are Free. It is suggested you purchase tickets in advance through Ticketmaster (800) 493-7655. There are several paid parking lots within close walking distance. www.rockhall.com

The Western Reserve Historical Society Museum. 10825 East Blvd., University Circle. (216) 721-5722. Founded in 1867, the Historical Society consists of several parts: The **Crawford Auto/Aviation Museum** houses over 200 rare vehicles as well as a cobble-stoned street of mock turn-of-the-century shops. One of the finest in the world and a real treat for automobile lovers. The **History Museum** houses American and European furnishings from the 18th century to the early 20th century. Also displayed are decorative arts, silver, and an extensive costume collection. Special and traveling exhibits. **Hale Farm** is a working farmstead and small village. Call (800) 589-9703 for specific details. The two museums are open: Monday through Saturday 10am - 5pm; Sunday 12pm - 5pm. Cost: \$8.50 adults, \$7.50 seniors, \$5.00 for students, children 2 years and under are FREE.

K. MUSIC AND DANCE

*Tickets may usually be purchased through: **Tickets.com** (216) 241-6000 OR **Ticketmaster** (216) 241-5555.

Blossom Music Center. 1145 W. Steels Corners Road, Akron. (330) 920-8040. (45 min. south). The summer home of The Cleveland Orchestra and also popular music concerts. This complex is comprised of an outdoor pavilion (stage and covered seating) and a grand sloping lawn for seating up to 15,000 people. Take a picnic supper and enjoy a meal under the summer stars! A restaurant and several snack bars are also available. Wine and beer may be purchased as well. Children are welcome. Don't miss it!

Cain Park. Superior Ave. at Lee Rd., Cleveland Heights. (216) 371-3000. This 22-acre facility has a park, toddler pool, art gallery, theater and amphitheater. Interesting and diverse programs are presented throughout the summer; all are affordable if not free.

Cleveland Institute of Music. 11021 East Blvd., University Circle. (216) 791-5165. This renowned conservatory provides outstanding music instruction to both children and adults, as well as a wide range of free concerts by conservatory students, professors, and visitors.

Cleveland Music School Settlement. 11125 Magnolia Dr., University Circle. (216) 421-5806. The Settlement provides music education throughout the year. Exciting recitals are also given. They also have outstanding children's programs and full-time day-care.

Cleveland Orchestra. Severance Hall. 11001 Euclid Ave., University Circle. (216) 231-1111. Cleveland has a world-renowned orchestra, which was recently rated the best orchestra in the country by *Time* magazine. The program is always exceptional and Severance Hall has an elegant interior. Don't miss hearing the symphony while you are in Cleveland, either at Severance Hall or Blossom Music Center (see above). Many guest conductors and famous classical musicians grace the stage throughout the year. Purchase tickets at the Severance Hall Box Office: (216) 231-1111 or (800) 686-1141.

Cleveland Opera. State Theater. East 17th and Euclid Ave., Cleveland. (216) 575-0903. Call for program schedule.

Quicken Loans Arena. One Center Court, Cleveland. (216) 420-2000. Cleveland's brand new Gund Arena is the host to many cultural and sports events (see next page) including Walt Disney's World on Ice, Ringling Brothers and Barnum and Bailey Circus, and varied musical performers. Features include a Sony Jumbotron, luxurious banquet rooms, a sports bar and a first-class restaurant. Concession stands and souvenir shops are also in business.

House of Blues. 2249 Elm Ave. Downtown Cleveland. (216) 861-3229. This chain concert venue just opened in 2004. Great shows and a great atmosphere.

L. SPORTS TEAMS AND RECREATION FACILITIES

Baseball: Cleveland Indians - Jacob's Field (216) 420-4200. Tickets (216) 420-4500. April - October.

Basketball: Cleveland Cavaliers – Quicken Loans Arena (216) 420-2000. Tickets (216) 420-2200. November – April.

Football: Cleveland Browns – Tickets (440) 891-5050.

Hockey: Cleveland Lumberjacks - Quicken Loans Arena (216) 420-2000. Tickets (216) 420-2200.

Soccer: Cleveland Crunch - CSU Convocation Center.

Children's Recreation and Fitness:

- **Cleveland Heights Library.** (216) 932-3600. Cleveland Heights. Offers great free classes for children of all ages. Call for schedule. Also available, children's video library.
- **Cleveland Metroparks Zoo & Rainforest.** (216) 661-6500. Near Downtown. Open year round.
- **Great Lakes Science Center.** (216) 694-2000. Downtown. America's 9th largest interactive science museum. Offers 300 exciting, "hands-on" exhibits, the Omni Max theater and 2 restaurants.
- **Gymboree.** (216) 291-9969. Classes held on Green Road, South Euclid. Developmental gymnastics.
- **Heights Youth Theater - Wiley Auditorium.** 2155 Miramar Blvd., University Heights. (216) 397-3615. Shows change every 2 months. For children 3 and up.
- **Lakefarm Park.** (800) 366-FARM. Near I-90 & Route 360, Kirkland. 235 acres filled with farm animals, wagon rides, "hands-on" activities, and food. Open year round.
- **Lakewood – Division of Early Development Services.** (216) 521-0001. Drop-in play sessions, toy lending library and other child programs.
- **Children's Museum of Cleveland & TRW Early Learning Center.** (216) 791-KIDS. University Circle. Offers multi-sensory, creative learning environment with "hands-on" activities. Nominal membership fee.
- **Shaker Family Center.** (216) 921-2023. Shaker Heights. A yearly fee allows you and your child to play indoors in a small, but well-equipped playroom. Open gym available on alternating Saturdays.
- **The Heights Parenting Center.** (216) 321-0079. 1700 Crest Road, Cleveland Heights. Located at Millikin School, the center offers a play space for children and toy-lending library. Other programs available.
- **The Little Gym.** (440) 734-4900.
- **My Gym. (440) 892-9700.** West Side. Developmental gymnastics.
- **University Heights Library.** (216) 321-4700. University Heights. Offers great free classes for children of all ages. Call for schedule. Also available, children's video library.

Jewish Community Center (JCC). 26001 S. Woodland Rd., Beachwood. (216) 831-0700 OR 3505 Mayfield Rd., Cleveland Heights. (216) 382-4000. The Beachwood location is a new facility, offering a beautiful environment in which to exercise, take all kinds of classes, and/or enroll your children in summer camp. Many non-Jewish members; baby-sitting is available. Call for the extensive program guide.

Cleveland Clinic Wellness Center/Swim Club. W.O. Walker Building on CCF campus. (216) 444-8765. This facility offers exercise equipment, basketball courts, an indoor track and a pool for CCF employees only. Spouses are not allowed to join at this time. Call for details and hours.

The Cleveland Heights Recreation Pavilion. Mayfield and Superior. (216) 691-7373. This facility houses a recreation center offering gymnastics and karate classes. It also houses an ice rink. High school hockey teams play here (games are open to the public) and ice skating lessons are given. Free skate time for adults, children, groups and parties. Call for the weekly schedule.

Severance Athletic Club. 15 Severance Circle, Cleveland Heights. (216) 291-5550. Offers discounted rates to CCF employees and has a large baby-sitting facility.

Bally's Total Fitness. 3600 Park East Blvd., Beachwood. (216) 765-8085. Severance Center (brand new in 2005) Mayfield Rd. (216) 382-2730. Westlake, Columbia and Detroit Roads, has indoor and outdoor pool, (440) 835-8230.

YMCA. Hillcrest Location on Mayfield Road in Lyndhurst. (216) 382-4300. Multiple locations across Cleveland suburbs. Many offer childcare, summer camp programs, and excellent sporting facilities. www.clevelandymca.org

Westlake Recreation Center. 28995 Hilliard Blvd. (440) 808-5700. Brand new facility including extensive indoor water park with slides, tunnels, sprayers—TONS OF FUN! As well as full lap pool, indoor basketball court, outdoor tennis courts, soccer and baseball fields, extensive walking/running trail, fishing pond, aerobics classes, yoga, full fitness/cardio center, and lots of other classes like adult dance, and many fun children's activities. Outdoor facilities are open at no charge to the public. Classes are open to members and non-members with only a difference of fees paid. Call for the latest schedule.

M. THEATER

The Cleveland Theater Collection: call (216) 941-5727 or visit www.clevelandtheater.com. This group provides an overview of all professional theater events in the area.

The Cleveland Play House. 8500 Euclid Ave. at 86th St., Cleveland. (216) 795-7000. Recently redesigned by architect Philip Johnson, the Cleveland Playhouse is a modern complex of three theaters, the Bolton, the Drury, and the Brooks. Full bar and dining facilities are open before and after the show, and parking is available in their secure parking lot. Generous group discounts. Just down the road from CCF.

The Playhouse Square Foundation. 1501 Euclid Ave. at E. 17th St., Cleveland. This magnificent complex includes four theaters, a gift shop, and a bar. The grouping has recently been renovated to its original splendor and is a definite must-see. Box office (216) 771-4444. www.playhousesquare.com

The Ohio Theater holds the Great Lakes Theater Festival and seats 1000.

The State Theater is the home of the Cleveland Ballet/Cleveland Opera and seats 3150.

The Palace Theater hosts concerts and special attractions and seats 3000.

The Allen Theater hosts concerts and the Broadway series and seats 2500.

Great Lakes Theater Festival: Shakespearean performances held at the Ohio Theater. (216) 241-5490. www.greatlakesfestival.org Free performances in Summer at Shaker Heights Main library call (216) 241-6000.

Cleveland Public Theater: 6415 Detroit Ave, Cleveland. (216) 631-2727. Alternative performances highlighting local artists from the Cleveland area.

Dobama Theater. 1846 Coventry Rd., Cleveland Heights. Box office: (216) 932-3396. An "off-Broadway" style theater with an October through May season.

Karamu House. 2355 E. 89th St., Cleveland. (216) 795-7070. This is a multi-racial metropolitan center for the arts -- a mixture of Black experience and contemporary drama in both adult and youth theater. An artist-in-residence performs with the non-professional actors. www.karamu.com

The Cleveland Orchestra: Severance Hall 11001 Euclid Ave, Cleveland (near University Hospital). Cleveland's premiere orchestra performs year round. For tickets: (216) 231-1111. Summer concerts held at Blosson Music Center in Cuyahoga Falls. This outdoor amphitheater has standard and lawn seating available (great for a picnic).

Call 888-225-6776 for details.

Cleveland Chamber Symphony. (216) 795-3177. Call for Schedule.

DANCECleveland. (216) 987-4400. Formerly the Cleveland Modern Dance Group, this group performs contemporary to modern dance performances at either the Playhouse Square or on the Tri-C Eastern Campus.
www.dancecleveland.org

Ohio Ballet. (216) 664-6065. Performances held at the E.J. Thomas Theater in Akron, as well as, the Ohio Theater in Cleveland.

The Agora: Between Prospect and 40th. (216) 881-6911. Voted "best in Cleveland" for live music events.
www.clevelandagora.com

IV. RESTAURANTS AND NIGHT SPOTS

In addition to the restaurants listed below, there are several entertainment areas of the city we want to bring to your attention:

The Flats: A concentrated collection of clubs, bars, restaurants, and nightspots. Located downtown along the river on the east and west banks. www.cleveland.com/flats

Little Italy: Features a collection of authentic Italian cuisine and shops. Located on Mayfield Rd. between Murray Hill and Euclid.

Coventry Village: Features a collection of local ethnic eateries and shops. Located between Mayfield Rd and Euclid Heights Blvd.

Tower City Center: Features a retail shopping center, restaurants, movie theater and hotels. Located downtown in Cleveland's Public Square.

The following chain restaurants can also be found throughout the Cleveland Metropolitan Area (check your phone book for locations):

Applebee's Bar & Grille

Arabica. Check phone book for listings. Good coffee house that also serves ice cream, pastries in simple surroundings. The shop at Shaker Square is one of the few places in Cleveland where one can sit outside and have coffee in the summer.

Baker's Square

Bob Evans

Bruegger's Bagel Bakery

BW-3. Several location around the city. Fun sports bar (great place to watch Indians games) with a variety of delicious hot wings.

Caraba's Italian Food

Caribou Coffee House

Chili's

Donato's Pizza

Houlihans

Macaroni Grille. Located in North Olmstead just off I-480 and Great Northern Blvd. by the Great Northern Mall.

Olive Garden

Outback Steakhouse

Red Robin. North Olmstead off I-480 by the Great Northern Mall.

Starbucks

TGI Friday's

Tony Roma's - A Place for Ribs

Winking Lizard

A. RESTAURANTS

East Side:

American

- Academy Tavern.*** 12800 Larchmere Blvd., just off Shaker Square, Shaker Heights. (216) 229-1171. Great place for snacks and hamburgers. Friday night fish fry.
- BW-3.*** 2781 Euclid Heights Blvd., Cleveland Heights. (216) 397-2999 OR 1313 Old River Road (The Flats), Downtown. (216) 781-9464. Fun sports bar (great place to watch Indians games) with a variety of hot wings.
- Café 56.*** Locations in Beachwood and Mayfield Heights. Eclectic Menu, cheap.
- California Pizza Kitchen.*** Legacy Village, Richmond and Cedar Roads. Fun place with kid friendly food with great selections for the adults as well. (216) 382-4097
- Cheesecake Factory.*** Legacy Village. (216) 691-3387. Eclectic and extensive menu. Known for vast cheesecake selection.
- Club Isabella.*** 2025 University Hospitals Drive, University Circle. (216) 229-1177. Cozy piano bar which features nightly jazz. Tasty sandwiches to steaks offered. Outdoor dining in the summer.
- Coffee & Creations.*** 3429 W. Brainard, Woodmere Village. (216) 591-9191. Cozy coffee house with scrumptious pastries. Great for early morning or late night.
- Corky & Lenny's.*** Chagrin Blvd. at I-271 (in Village Square), Woodmere Village. (216) 464-3838. Popular delicatessen, fresh seafood and Kosher foods, extensive carryout.
- Eddie Sand's Blueline Café.*** 20255 Van Aken Blvd., Shaker Heights. (216) 561-5050. Relaxed atmosphere with something for everyone. Specialty sandwiches, salads, and grilled entrees.
- Gameskeeper's Taverne.*** 87 West Street, Chagrin Falls. (440) 247-7744. Excellent dining in a cozy, authentic coach house. Courtyard dining available during summer months. House specialties include wild game entrees.
- Hornblower's Barge & Grille.*** 1151 N. Marginal Road, Downtown Cleveland. (216) 363-1151. Tasty food, particularly fresh seafood, in a nicely converted barge. Lounge has great view in summer.
- The Juniper Grille.*** 1332 Carnegie, Cleveland. (across from Jacob's Field). (216) 771-1334. Great for lunch.
- Larchmere Tavern.*** 13051 Larchmere Blvd. (near Shaker Square), Shaker Heights. (216) 721-1111. Great cuisine, great atmosphere, not to be missed.
- Metropolitan Café.*** 1352 West 6th Street. Cleveland. (216) 241-1300.
- Moxie Restaurant.*** 3355 Richmond Road. (216) 831-5599. Wonderful American bistro style entrees. Expensive.
- Nighttown.*** 12383 Cedar Road, Cleveland Heights. (216) 795-0550. Delicious lunch and dinner, creative specials and great jazz music.
- Noggins.*** 20110 Van Aken Blvd. (Van Aken Plaza), Shaker Heights. (216) 752-9280. Fresh seafood, good steaks, and homemade soup in a casual atmosphere. Reservations suggested on weekends.
- Nordstrom Café.*** Nordstrom. Beachwood Mall. Great Salads and kid friendly. Good Prices.
- Octane Café.*** 528 Euclid Ave, Cleveland. (216) 621-8282. Healthy options.
- Panera.*** Golden Gate Plaza. Mayfield Road. Great soup and sandwiches. Breads, muffins, etc.
- Park City Diner.*** 8111 Rockside Rd. Valley View. (216) 328-0575.
- Tavern Co.*** 2260 Lee Road. (216) 321-6001.
- Yours Truly.*** Several locations around the city. Good food in a coffee shop-style setting, really good for families.

Italian

- Bravo Cucina Italiana.*** 28889 Chagrin Blvd (Eton Collection) (216) 360-0099
- Brio's Tuscan Grille.*** Legacy Village, Richmond and Cedar Roads. Upscale Italian, usually a wait, but well worth it. (216) 297-9232
- Buca di Beppo.*** 1541 Goldengate Plaza. (440) 995-5550. Italian.
- Café D'Oro.*** Corner of Euclid Heights Blvd. and Coventry Road, Cleveland Heights. (216) 932-3001. Lovely atmosphere and good food. Assorted pasta dishes and create your own pizzas.
- Gaetano's Italian Restaurant.*** 6261 Mayfield Rd. across from Golden Gate. (216) 446-0004. Good, basic Italian. Huge Portions. Inexpensive.

Galluchi's. 6610 Euclid, Cleveland. (216) 881-0045. **Authentic Italian grocery with take out lunch.**
Geraci's Restaurant. 2266 Warrensville Center Rd., University Heights. (216) 371-5643. Delicious, reasonably priced Italian food. Child friendly.
J. Pistone. 3245 Warrensville Center Rd, Shaker Heights. (216) 283-3663. Prepared food for take-out—lunch.
La Dolce Vita. Little Italy. (216) 721-8155. Italian cuisine. Ladies night Tuesday—eat free with drink purchase. Live Opera on Mondays.
Mama Santa's. 12305 Mayfield Road, Little Italy. (216) 231-9567. Delicious Italian food and pizza, and reasonably priced.
Pizzazz Restaurant and Pizzeria. 20680 North Park Blvd., University Heights. (216) 321-7272. Great pizza!
Tuscany Gourmet Food. 28601 Chagrin Blvd. In Eton Collection. (216) 464-6220.
Tutto Giorno. Little Italy. (216)421-9172. Romantic yet inexpensive Italian cuisine.

Asian

Arirang Garden Korean Restaurant. 5131 Mayfield Rd. (440) 684-9779. Spicy and delicious. Never a wait.
BD's Mongolian Barbecue. 1854 Coventry Road, Cleveland Heights. (216) 932-1185. Create your own all-you-can-eat stir-fry. Lunch or dinner.
Benihana. 23611 Chagrin Blvd. (216) 464-7575.
China Buffet. 5866 Mayfield Road. (440) 684-3020.
China Gate. 13863 Cedar Road. South Euclid. (216) 932-2924.
Hunan Coventry. 1800 Coventry Road, Cleveland Heights. (216) 371-0777. One of the best Chinese restaurants in Cleveland. Reservations recommended.
Hunan by the Falls. 508 E. Washington Street, Chagrin Falls. (440) 247-0808. Tasty, reasonably priced Chinese.
Matsu. 20126 Chagrin Road, Shaker Heights. (216) 767-1111. Japanese. Intimate atmosphere, excellent quality, owned by CCF employee
Mekong River. 1918 Lee Road, Cleveland Hts. (216) 371-9575. Great Thai.
#1 PHO. 2130 Superior Ave, Cleveland. (216) 781-1176. Authentic Vietnamese cuisine. Excellent and inexpensive.
Pacific East. Sushi on Coventry, Cleveland Heights. (216) 320-2302
Seoul Hot Pot. 3709 Payne Ave., Cleveland. (216) 881-1221. Delicious Korean food.
Shuhei. 23360 Chagrin Blvd., Beachwood. (216) 464-1720. Not to be missed tempura, fresh seafood and sushi; unique service and good prices.
Siam Café. 3951 St. Clair Avenue. (216) 361-2323.
Stir Crazy. Legacy Village, Richmond and Cedar Roads. Mongolian BBQ, and lots of fun! (216) 381-7600
Sushi on the Square. 13120 Shaker Blvd. (216) 921-7744.
Thai Orchid. 5136 Mayfield Road, Lyndhurst. (440) 461-8266. Good food. Small portions.

Mexican

Chipotle Mexican Grill. 13953 Cedar Road. (216) 932-5001. Fast food Mexican—Legacy Village
El Charrito. 30560 Euclid Ave., Wickliffe. (440) 585-2530. Authentic Mexican cuisine in a relaxing atmosphere.
Lopez. 2196 Lee Road. Cleveland Heights. (216) 932-9000.
Luchita's. 13112 Shaker Square. (216) 561-8537. Mexican—homestyle, authentic
Marcelita's. 7774 Darrow Road, Hudson. (330) 650-1121. Great Mexican.
Mi Pueblo Mexican Restaurant. 11611 Euclid Ave. near University Circle. (216) 791-8226. Also a West side location. Excellent Mexican cuisine at reasonable prices.
Que Tal. 1801 Coventry Road, Cleveland Heights. (216) 932-9800. Great, inexpensive Mexican food.

Ethnic

Aladdin's Eatery. 12447 Cedar Road, Cleveland Heights. (216) 932-4333. Middle Eastern. Reasonably priced.
Anatolia Café. 13915 Cedar Rd. South Euclid. (216) 321-4400. Turkish cuisine.
Cafe Tandoor. 2096 S. Taylor Road, Cleveland Heights. (216) 371-8500. Moderately priced authentic Indian cuisine, including vegetarian dishes.
The Claddagh Irish Pub. Legacy Village, Richmond and Cedar Roads. Authentic Irish pub beer and fare. (216) 691-0534

Empress Taytu. 6125 St. Clair, Cleveland. (216) 391-9400. Ethiopian cuisine.
Falafel Café. 14421 Cedar Road near Green. (216) 297-0682. Everything made fresh. Inexpensive. Great food and kid friendly. Great call-in and carryout for quick meals at home.
Lemon Grass. 2179 Lee Road, Cleveland Heights. (216) 321-0210. Very good Thai cuisine.
Mad Greek. Fairmount Blvd. at Cedar Road, Cleveland Heights. (216) 421-3333. Tasty Greek and Indian cuisine for entire dinner, or drinks and appetizers. Takeout also available. Reservations suggested on weekends.
Palmyra. 9491 Euclid Avenue (at CCF Guest House), Cleveland. (216) 791-6606. Tasty Mediterranean food.
Rachel's Caribbean Cuisine. 14417 Cedar Road, South Euclid. (216) 382-6952. Great food.
Saffron Patch. 20600 Chagrin, Shaker Heights. (216) 295-0400. Indian cuisine.
Sergio's. 1903 Ford Drive, University Circle. (216) 231-1234. Superb Brazilian food in a lovely, upscale setting.

Finer Dining

Attria's Restaurant and Tavern. Legacy Village, Richmond and Cedar Roads. Upscale bistro-style food. (216) 691-8950
Baricelli Inn. 2203 Cornell Road (in Little Italy), Cleveland. (216) 791-6500. One of the best and most romantic restaurants in Cleveland. European cuisine served in a turn-of-the-century brownstone mansion. Expensive, but good! Reservations required.
Charley's Crab. 25765 Chagrin Blvd., Beachwood. (216) 831-8222. Upscale. Fresh, well-prepared seafood in lovely, quiet surroundings. Reservations suggested.
Giovanni's. 25550 Chagrin Rd. Beachwood. (216) 831-8625. 4 star Italian restaurant.
Hyde Park Grille. 1825 Coventry Road, Cleveland Heights. (216) 321-6444.
 34205 Chagrin Blvd., Orange. (216) 464-0688.
 123 W. Prospect, Downtown. (216) 344-2444.
 Claims to have the "best steak in the city" in elegant surroundings. Reservations recommended.
Inn at Turner's Mill. 36 E. Streetsboro, Hudson. (330) 655-2949. Delicious and well-presented food in a very pleasant atmosphere. Reservations recommended.
Johnny's Bistro. 1406 W. 6th, Cleveland. (216) 774-0055. Upscale French cuisine.
Johnny's Downtown. 1406 W. 6th, Cleveland. (216) 623-0055. Upscale American cuisine.
The Melting Pot. Legacy Village, Richmond and Cedar Roads. Upscale fondue restaurant. Usually best to make reservations, and plan on spending time and money—well worth it for a special nite out. (216) 381-2700
Moxie Restaurant. 3355 Richmond Road. (216) 831-5599. Wonderful American bistro style entrees. Expensive.
That Place on Bellflower. 11401 Bellflower Rd., University Circle. (216) 231-4469. Converted carriage house with seasonal patio dining available and Fresh cuisine. Pianist plays soft, background music in the evenings. Reservations required Thursday-Saturday.
Wine Room, The. 2317 Lee Rd., Cleveland Heights (216) 932-3170. Great hard-to-find wines and fabulous heavy appetizers—plan to spend a long time at this wonderful little spot!

Vegetarian

Johnny Mango. 3120 Bridge Ave, Cleveland. (216) 575-1919. Vegetarian.
Tommy's. 1824 Coventry Road, Cleveland Heights. (216) 321-7757. Excellent and affordable health food, particularly sandwiches.

West Side:

Aladdin's Eatery. 14536 Detroit Avenue, Lakewood. (216) 521-4005. Middle Eastern menu, reasonably priced.
Bearden's. 19985 Lake Road, Rocky River. (440) 331-7850. Delicious hamburgers in a pleasant setting.
Barnacle Bill's Crab House. 14810 Detroit Ave., Lakewood. (216) 521-2722.
Blake's Seafood Restaurant and Bar. Crocker Park Westlake off I-90. (440) 892-3474
Bovalinos. 27828 Center Ridge Rd., Westlake. (440) 892-9300. Great little authentic Italian cuisine. Homemade pastas and sauces, and fabulous creamy garlic salad dressing! Very small though.
Brendan O'Neils Irish Pub. 30006 Detroit Rd. Westlake. (440) 892-7825. Authentic Irish pub with great food and drinks, daily entrée specials as well as drink specials.

Brio Tuscan Grill. Crocker Park, Westlake. (440) 250-8630. Bistro-style Italian food. Great atmosphere.

Bucci's Pizza & Restaurant. 19373 Hilliard, Rocky River. Yummy Italian Food. (440) 331-5157

Borderline Café. 18510 Detroit Road, Lakewood. (216) 529-1949. Small Café taking cash only...excellent food! Call for hours.

Buca di Beppo. 23575 Detroit Avenue. Westlake. (440) 356-2276.

Café Tandor. 30030 Detroit Rd., Westlake (440) 835-7999.

Cabin Club. 30651 Detroit, Westlake. (440) 899-7111. Very upscale American fusion restaurant. Has won multiple local and national awards for their inventive cuisine.

Champs. Crocker Park Westlake just off I-90 and Crocker road. (440) 871-0313

Chiptole Mexican Grille. 14881 Detroit, Lakewood. (216) 221-9100. And In the Great Northern Shops in North Olmstead (440) 686-0476. Healthy, made to order Mexican food.

The Claddagh. Crocker Park Westlake, (440) 250-8680. Authentic Irish food, big portions, great beer.

Cravings. 19825 Lake Road, Rocky River. (440) 331-1191. Delicious coffee house and good food.

Danny Boys Italian Eatery. 20251 Lake Road, Rocky River. (440) 333-9595. Authentic Italian and Pizza food in a unique setting.

Dave & Busters. 25735 First St., Westlake. (440) 892-1415. A fun, game-playing atmosphere to enjoy beer, burgers and sandwiches

Don's Lighthouse Grill. 8905 Lake Avenue, Lakewood. (216) 961-6700. Prime rib and fresh seafood, including daily fresh fish specials. Early bird specials and entertainment nightly. Reservations suggested.

Don Pablos. 10310 Cascade Crossing. Brookpark. (216) 265-8284 and 36455 Euclid Ave., Willoughby. (440) 954-3541.

El Rodeo. 23135 Lorain Rd, North Olmstead. (440) 686-1250. Awesome Mexican food, great prices, and great margaritas.

El Tango Taqueria. 14224 Madison Ave., Lakewood. (216) 226-9999. Award Winning authentic Mexican food inspired by the chefs culinary training in Brazil and Spain. Cash only and BYOB—great place!

Heck's Café. 2927 Bridge Ave. near West Side Market, Cleveland. (216) 861-5464. Delicious, gourmet hamburgers, seafood, beef, chicken and vegetarian dishes.

Hoggy's. Crocker Park Westlake just off I-90 and Crocker road. (440) 892-4647

Hyde Park Grille – Crocker Park. Westlake. (440) 892-HYDE. Excellent steaks in an upscale setting. Nice outdoor seating area with a great bar.

Isabella's Café. 4579 Great Northern Blvd., North Olmstead. (440) 979-9123. Very relaxing atmosphere for drinking coffee and tea. Also tasty desserts and sandwiches.

Jimbo's. 27200 Detroit Westlake (440) 835-1661. Bar and grill favorites with daily specials.

Le Bistro du Beaujolais. 24481 Detroit Road, Westlake. (440) 871-7880.

Luchita's. 3456 W. 117th Street, Lakewood. (216) 252-1169. Great Mexican food. Also an Eastside location.

Max's Delicatessen & Restaurant. 19339 Detroit Rd., Rocky River. (440) 356-2226. Award-winning sandwiches and desserts. Stays open until midnight on weekends.

Mitchell's Tavern. 24282 Center Ridge Rd., Westlake. (440) 835-2415. Local bar and grille food in a great atmosphere.

Mitchell's Ice Cream. 26161 Detroit Rd., Westlake. (440) 250-0952, also one in Rocky River on Detroit. Home-made ice cream and awesome sundaes and floats. It is the best ice cream you may ever try!

Nate's . 1923 West 25th. (216) 696-7529. Middle Eastern food.

Nuevo Acapulco. 24409 Lorain Rd., North Olmstead. (440) 734-3100. Mexican food at reasonable prices.

Panera. 26137 Detroit Westlake (440) 899-4944., Also located in Avon Commons at I-90 and Avon Lake.

Pearl of the Orient. 19300 Detroit Rd., Rocky River. (440) 333-9902. Awesome Chinese and Sushi.

Pier W. 12700 Lake Avenue (adjacent to Winton Plaza), Lakewood. (216) 228-2250. Beautiful view of Lake Erie. Menu features many delicious seafood entrees. Voted best Sunday brunch and entertainment on weekends. Reservations needed.

Phnom Penh Restaurant. 13124 Lorain Ave. at 131St. (216) 251-0210. Inexpensive, fabulous Vietnamese, Cambodian and Thai cuisine. Bring your own alcohol.

Players on Madison. 14527 Madison, Lakewood. (216) 226-5200. Great food.

Qdoba Mexican Grille. 21611 Center Ridge Road, Rocky River (440) 356-4290. Yummy made to order Mexican food at reasonable prices.

Romano's Macaroni Grill. 25001 Country Club Blvd. (near Great Northern Mall), North Olmstead. (440) 734-9980. Excellent, upscale Italian cuisine (including pizza) in warm, friendly surroundings. Waiters and waitresses also serenade the crowd.

Salmon Dave's. 19015 Lake Rd., Rocky River. (440) 331-2739. Delicious seafood at reasonable prices.

Stino Da Napoli. 19070 Detroit Road, Rocky River. (440) 331-3944. Delicious authentic Naples cuisine at great prices.

The Harp. 4408 Detroit Road. (216) 939-0200.

White Oaks. 777 Cahoon Road, Westlake. (440) 835-3090. Delicious food in elegant surroundings (six fireplaces and scenic views). Very Expensive.

Downtown:

Blue Point Grill. 700 W. St. Clair Ave. (216) 875-7827. Special Night Out.

Cleveland Chop House. 824 W. St. Clair Ave. (216) 623-0909.

Fat Fish Blue. 21 Prospect Ave., Downtown. (216) 875-6000. Cajun steaks and seafood. Live music Tuesday through Saturday.

Frank and Pauly's. 200 Public Square. Family-style Italian. (216) 575-1000

Hard Rock Café. Tower City. (216) 830-7625

John Q's Steakhouse. 55 Public Square. (216) 861-0900. Awesome steaks, maybe the best in town!

Johnny's Bistro. 1400 West 6th. (216) 623-0055. Great upscale American/French fusion cooking featuring wonderful steaks and fresh seafood.

Li Wah. 2999 Payne Avenue, Downtown. (216) 696-6556. Excellent Chinese food.

Marlin's. 1952 E. Sixth Street, Downtown. (216) 589-0051. Expensive but great food in American bistro style.

Metropolitan Café. 1352 West 6th. (216) 241-1300. Upscale inventive Italian fusion cooking.

Morton's Steakhouse. 1600 East 2nd St. (backside of Tower City Center), Downtown. (216) 621-6200.
A wonderful place for a thick, juicy steak, beautifully prepared and presented in plush surroundings.

Osteria Resorante. 408 West St. Clair (216) 685-9490. Upscale authentic contemporary Italian cuisine. Great wines as well.

Sammy's in the Flats. 1400 W. 10th Street, The Flats. (216) 523-5560. Excellent contemporary American cuisine, including a raw bar (Very expensive). Reservations required.

Sans Souci. 24 Public Square (at the Renaissance Cleveland Hotel), Downtown. (216) 696-5600. Beautiful, delicious Mediterranean food in fabulous surroundings. The service and presentation are faultless and the cost about \$80 for two, including wine.

Shooter's on the Water. 1148 Main Avenue, The Flats. (216) 861-6900. Lively restaurant and bar. Watch ships cruise by from outdoor patio during summer months.

Sushi Rock. 1276 W. 6th St., Cleveland (216) 623-1212. Also located in La Place in Beachwood.

Watermark. 1250 Old River Road, The Flats. (216) 241-1600. Delicious food, beautiful surroundings, located right on the water, excellent Sunday brunch. Particularly enjoyable to dine on the patio during the summer and watch the ships cruise by.

XO Restaurant and Bar. 500 West St. Clair (216) 861-1919. Great contemporary bistro food and great martini's.

Tremont: Just east of the West Side Market off of I-90 and w.14th. Great local art galleries and great restaurants.

Lola's. 900 Literary Rd. (216) 771-5652 Upscale contemporary cuisine by a nationally acclaimed chef.

Fahrenheit. 2417 Professor Ave. (216) 781-8858. Upscale fusion cooking, great wines.

Sage Bistro. 2391 W. 11th (216) 861-3734 Trendy flare with good wines.

Theory. 2221 Professor Ave. (216) 621-2301

Flying Fig. 2523 Market Ave. Close to the West Side Market and Great Lakes Brewing Co., (216) 241-4243. Upscale contemporary American cuisine.

B. BREWERIES

Great Lakes Brewing Company Brew Pub and Restaurant. 2516 Market Avenue, Cleveland. (216) 771-4404.
Delicious beer and tasty food.
Rockbottom Brewery. 2000 Sycamore Street, The Flats. (216) 623-1555. Delicious beer and tasty food.
Rocky River Brewing Company. 21290 Center Ridge Road, Rocky River. (440) 895-2739. Delicious beer and
tasty food. Both kid and adult friendly.

C. MOVIE THEATERS (See The Plain Dealer *Friday!* Guide and check Fandango.com for tickets and showtimes)

Cedar-Lee Theater, Cleveland Heights.
Chagrin Cinema 14, Chagrin Falls
Cinemark, Macedonia.
Colony 5 Theaters, Shaker Square.
Erie Commons Cinemas, Mentor.
Great Lakes Mall Cinemas, Mentor.
Great Northern Mall Movies, North Olmstead.
Loehmann's Plaza Movies Ten, Willoughby Hills.
Parmatown Mall General Cinemas, Parma.
Richmond Mall Loews, Richmond Heights.
Severance Town Center Theaters, Cleveland Heights.
Solon Commons 16 Cinemas, Solon.
Tower City Movie Theater, Public Square Downtown Cleveland
Regal Cinema 16, Crocker Park, Westlake.
AMC Westgate, Rocky River
AMC Westwood Towne Center Theaters, Fairview Park.
Regal 16, Elyria

D. COMEDY CLUBS

Improv at the Power House. 2000 Sycamore Street, The Flats. (216) 696-4677.
Pickwick & Frolick Comedy and Dinner Theater. 811 Prospect Ave, Cleveland. (216) 781-7733.
Ground Floor Theater. 2781 Euclid Heights Blvd., Cleveland Heights. (216) 323-4677