Cleveland Clinic

Holistic Initiatives in Healthcare:

The Cleveland Clinic's integration of Healing Services and Code Lavender to improve Patient Experience

#### **Healing Services Mission**

To deliver a personalized holistic care experience to support the well –being and enhance the experience of patients, families and employees.

To provide research and education for all Caregivers.

#### **Services**

#### Holistic Rapid Response

- Response within 30 minutes
- Under Care for 72 hours

Healing Services at the bedside
Daily care through referral and rounding

## History of Healing Services & Holistic Rapid Response

- An Idea which became a Partnership
  - Patient Experience and Spiritual Care
- Resources: There were none added
  - By Partnering, worked with what we had available, chaplains, volunteers and some time from 2 directors.
  - Program Development
    - Formed a Code Lavender Team
    - Inpatient Unit Healing Services and Roles and training followed.

# Healing Services Team Members

#### The Healing Services Core Team:

An interdisciplinary team comprised of Coordinators

- Board Certified Holistic Nurses
- Nurse massage/manual therapists
- Holistically trained chaplains

#### To support the Core team:

- Chaplain residents
- Caregiver/employee volunteers
- Ambassador volunteers who are highly qualified and holistically trained

### **Healing Services Client Base**

- Healing Services Team cares for inpatients, families and employees.
- Anyone can ask for a Healing Services visit by calling the Healing Services line at Main Campus, 59543, or placing an order in Epic.
- Code Lavenders can be called by anyone at Main Campus as well, which is immediately responded to by the team on hand at the time.

# Referral Reasons for Healing Services



Healing Services referrals can be called for many reasons:

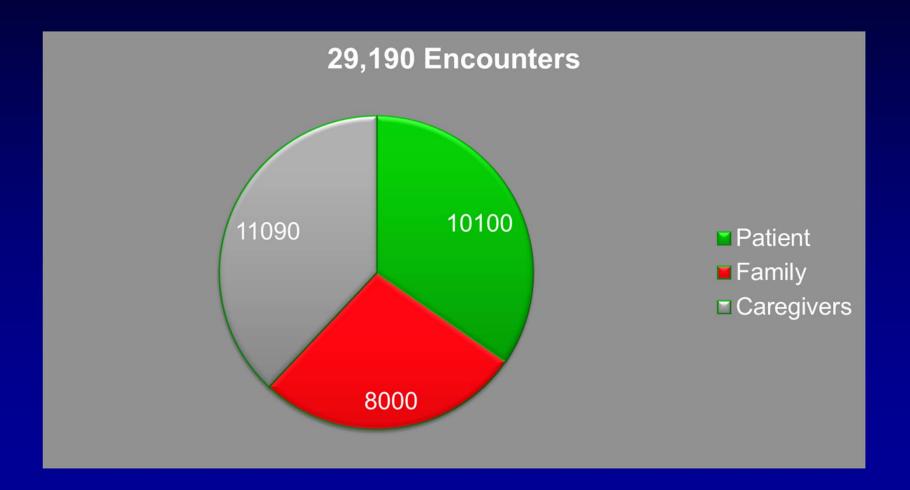
- Anxiety
- Pain
- Coping
- Nausea
- Sleep issues
- Despondence
- Non-participation in Care
- General Stress Management

# Referral reasons for Code Lavender

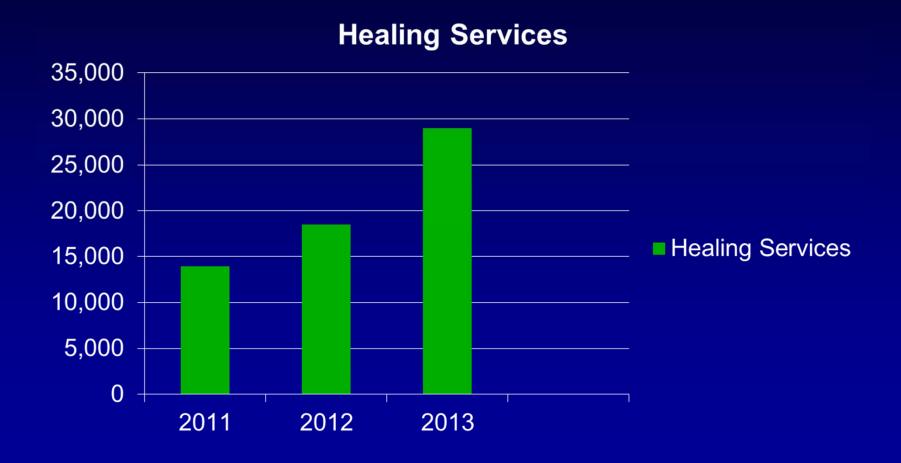
- Employee illness or death
- Challenging patients and/or Family members
- Multiple patient deaths
- Long term patient death
- Community crisis and trauma
- Management and care changes



# Healing Services Encounters 2013



## **Total Encounter Progression**



## Education

### **Educational Programs**

- Transdisciplinary Holistic Care Program
- Manual Therapies for the Hospitalized Patient
- Reiki In Healthcare
- Reiki Level 1
- Reiki Level 2
- Non Pharmacological Pain Relief
- Hosted Modality Courses

## Training for Healing Services Coordinators

- Coordinator Education Level
  - RN/BSN, Certified Chaplain, RN/LMT, LISW
  - Touch Therapy modalities: Reiki, Healing Touch
  - Manual Therapies for the Hospitalized patient course completion\* (if within their scope of practice; RN or LMT)
  - Transdisciplinary Holistic Care Curriculum (core training)

#### **Training Code Lavender Responders & Leaders**

Transdisciplinary Holistic Care Program

- 400 hour Cumulative Certificate
  - 20 hours Code Lavender Responder
  - 100 hours Code Lavender Leader
  - 400 hours Holistic Caregiver

## **Research and Pilot Projects**



Research

- HS IRB
- Partnership Pilot Projects
  - Orthopedic Surgery Inpatient
  - Cardiac Accelerated Recovery
  - Colorectal Pain Pilot
  - Live liver donor Protocols

### **Research IRB Database**

- Retrospective chart review observational study
- Over 1000 encounters in database
- 700 evaluated by utilizing EMR Healing Services Encounter notes and the Patient Experience Scale we developed
- Results: All patients reported a 33-36% drop in one or more of the fields on the scale.
  - \*\* Not yet published, but in process

#### Orthopedic Surgery Embedded HS Chaplain Coordinator Outcomes 2012 Q4-2013 Q1H70 Q1/2013 & Q4/2012

