

PEDIATRIC ENDOCRINOLOGIST



An Endocrinologist sees children with hormone problems like diabetes. People with diabetes must see the doctor three or four times a year. At each visit, the doctor examines the patient to spot symptoms of health problems and talks to the patient and to family members about how to manage the disease. With good medical care, people with diabetes can live a long and healthy life.

A pediatric endocrinologist is a special kind of doctor who sees children with hormone problems. A hormone is a chemical your body makes to control the actions of your body's cells. Many pediatric endocrinology patients have diabetes, but some have other hormone problems that keep them from growing and developing properly. The endocrinologist's job is to help patients replace the hormones in their body that are not working properly so they can grow to be healthy, happy adults. It can be very tricky to discover exactly which medications and lifestyle changes will work best for each patient!



A pediatric endocrinologist at the Cleveland Clinic advises, "If you are interested in endocrinology, you should be a good thinker. Unlike some areas of medicine where you can see what you are working with (like a heart doctor), you cannot see hormones." Hormone problems can be very challenging to understand. Finding the cause of a patient's problems is like solving a puzzle. If you are good at solving puzzles, you may enjoy endocrinology. It is most important to learn what you like to do best and what things you find the most interesting. Then, you can find a career that fits you.

Technology Spotlight

Many endocrinologists also do research on diseases caused by hormones. These doctors are hoping to find a cure for the disease they are researching, or a way to prevent the disease from occurring. Researchers use computers to keep track of all the data they collect on their patients. Information about a patient's blood sugar can be uploaded directly from their meter into the computer. Other important patient information can be added as it is collected. Learning to use a computer can help you in many professions. Can you list ten ways computers can make your life easier?

