

Health eXpressions™ Quick Guide for Teachers

Visit the Health eXpressions™ home page at the following URL for information:

<http://www.clevelandclinic.org/HEALTHeXpressions>

STEP 1: Register a class, organization, or group.

From the Health eXpressions™ Web site (URL above), click on the **Teacher Registration** tab. Complete and submit the required registration information online as instructed.

Note: Students will submit their own online registration form from the **Student Submission** tab on the same page.

Registrations and submissions are only accepted during the registration and submission time frames that coincide with the program schedule. Check the Web site for registration and submission deadlines.

Teachers can select dates, times, and topics of interest. Teachers will be contacted by the Office of Civic Education Initiatives to confirm dates and times for presentations.

STEP 2: Host a Cleveland Clinic health professional at school.

A Cleveland Clinic health professional will come to school to engage students in health and wellness topics. The content and themes of the presentations will inspire the students to create works of art.

STEP 3: Follow the Teacher Guide and Curriculum to help students create their artworks inspired by presentations from Cleveland Clinic health professionals.

The lesson plans included in the Health eXpressions™ Teacher Guide and Curriculum provide suggestions on how to guide students through the process of brainstorming ideas, creating artwork, and evaluating artwork.

STEP 4: Instruct students on how to submit their artwork.

To submit student artwork: From the Health eXpressions™ Web site (URL above), click on the **Student Submission** tab. Complete and submit the required registration information online as instructed.

Registrations and submissions are only accepted during the registration and submission time frames that coincide with the program schedule. Check the Web site for registration and submission deadlines.

Health eXpressions™ Rules and Guidelines:

- **Submissions must be received by the deadline to be eligible for judging.**
- **Submissions received after the deadline will not be accepted.**
- **Submissions with incomplete information will not be accepted**



Note: Social security numbers must be provided to be eligible for cash awards (per Internal Revenue Service guidelines).

- **See the Health eXpressions™ Web site for complete submission guidelines.**

STILL HAVE MORE QUESTIONS???

Find answers to your questions about Health eXpressions™: From the Health eXpressions™ Web site (URL above), click on the **Frequently Asked Questions (FAQs)** tab and locate the question and response of interest.

Please visit the FAQ site first before contacting the Office of Civic Education Initiatives. Most questions are addressed in the FAQs. Thank you!